

The Pitt Capsule

March 2019

School of Pharmacy Organizations: Schedule of Events for March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
4 12 PM Kappa Psi GBM 12 PM PDC GBM	5 12 PM CPFI GBM	6 12 PM CPNP Coffee and Convos with Dr. Fabian 12 PM PPIP GBM 5 PM SCCP Inhaler Device Training	7	8
11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break	15 Spring Break
18 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 7 PM APhA Bowling	19 12 PM CPFI GBM 12 PM PLS GBM 5 PM Rho Chi/PLS Initiation	20 12 PM ASCP St. Margaret Residency 12 PM CPNP GBM	21 12 PM ASCP GBM 12 PM CPNP GBM 12 PM SNPhA GBM	22 12 PM P1 Dosage Form Rho Chi Review
25 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM	26 12 PM CPFI GBM 12 PM PPA GBM 12 PM SCCP Journal Club	27 12 PM PPIP GBM 12 PM Students, Special Topics, and Scholarly Work with Rho Chi and SCCP	28 12 PM SASP GBM 12 PM SSHP GBM	29

GBM – General Body Meeting, all members are welcome!



APhA-ASP: American Pharmacists Association Academy of Student Pharmacists

Danielle Weaver (P2),
Membership VP

APhA had a very successful start to the semester with several events, including Kidapalooza! This event was held in collaboration with local businesses and seven Pitt Pharmacy organizations. Together, we were able to see 4,500 children and their families! Huge shout out to everyone that helped with this event! Thanks to everyone's hard work, we were able to make a significant impact on our community and reached an additional 106,037 people through media relations. Great work everyone!

APhA is also excited about the numerous Dean's Theme, Operation, and social events in store for the remainder of the semester! Check out the Patient Care Committee's Facebook page for more updates and information regarding the various events happening this semester. If you're interested in helping with any of the events or projects, we encourage you reach out to the Operation and project leaders.

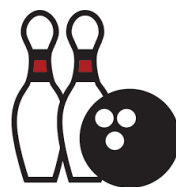
Along with patient care events, stay on the lookout for more information regarding upcoming social events. The social events so far have been successful, and we want to thank everyone that attended *The Great Gatsby* ballet! It was great to see so many of you there. Below is an overview of the social events for the remainder of the semester:

- Bowling Night at Arsenal Lanes on Monday, March 18 at 7 PM
- Spelling Bee on Wednesday, April 3 during lunch (GBM)

- Pirates Baseball Game (vs. Cardinals) on Wednesday, April 3 at 7:05 PM
- End of the Year Party at Hofbrauhaus on Friday, April 26 at 5 PM

Another exciting event happening this semester is the APhA Annual Meeting in Seattle, WA from March 22-25. Thank you to everyone that registered to attend the conference! We hope it's a valuable and fun experience for you all. Also, congratulations to Sejla Jukic (P2) for claiming first place in our 2019 Local Patient Counseling Competition! Jukic will go on to represent Pitt Pharmacy in the National Patient Counseling Competition during Annual on Thursday, March 21. Be sure to congratulate her on this accomplishment and show your support as she prepares to compete at the national level!

Our next GBM will be on Wednesday, April 3 during lunch in Salk 402. We look forward to seeing you there!



Bowling Night at Arsenal Lanes on Monday, March 18 at 7 PM

Pictured on the left: Caylee Sams (P3), Tristan Thompson (P2), Birtney Stottlemeyer (P2), Haley Fribance (P2), Karlee Deibler (P2), and Seana Armstrong (P2) together at the Benedum Center during the PGH Ballet Theatre's performance of The Great Gatsby.



CPNP at Kidapalooza 2019.

CPNP: College of Psychiatric and Neurologic Pharmacists

Catherine Pfendner (P3), Secretary

This month, the CPNP chapter met to hold an informational meeting on the elected positions for next year! **The applications were due on February 22, and elections will be held on March 20 during lunch.**

Congratulations to the P1s who were awarded their white coats, and thank you to those who purchased the green ribbon pins. We also sold some pretty awesome University of Pittsburgh School of Pharmacy stickers. Thank you to everyone who supported our chapter through your purchases!

Finally, CPNP was at Kidapalooza last month at the David Lawrence Convention Center! Emma Haught (P2) and Christine Sun (P1) did a presentation and interactive activity about the effects of stress on the heart using a stress-inducing activity, a calming activity, and physical representations of damaged and healthy blood vessels (red pool noodles).

SCCP: Student College of Clinical Pharmacy

Kathy Monangai (P3), Secretary

The Student College of Clinical Pharmacy chapter has a team of three students, Nicole Hume, Grace Erdman, and Mara Cubellis, who will be representing PittPharmacy at the regional level of the Clinical Research Challenge, or CRC. The CRC is a national team-based competition that offers small teams of student pharmacists to participate in an online journal club and the opportunity to submit a letter of intent and a clinical research proposal. We wish them the best of luck as they compete for the opportunity to win a chance to attend the American Clinical College of Pharmacy's national conference in New York, New York next semester!

We had a successful Residency Panel event on February 28. This gave interested students the opportunity to speak with current clinical pharmacy residents about how they got to the position they are in, their typical work day, and allowed them to set a time to shadow them. The residents on the panel included PGY-1 Pharmacy Practice Resident Dr. Erica Sheridan from UPMC Presbyterian, PGY-1/PGY-2 Psychiatric Pharmacy Resident Dr. Melanie Yabs from WPIC, and PGY-2 Cardiology Pharmacy Resident Dr. Lindsey Moreland from UPMC Presbyterian. We are planning another event soon!

Elections will be held at our general body meeting this month. The meeting will be on Thursday, March 21 in Salk 457. The positions that are available for P1s and P2s include President-Elect, Vice President, Secretary, Treasurer, Project Outreach Chair, Student Liaison, and, the newest position, Service Chair! If you have any questions, concerns, or ideas, please reach out to our executive board through our Facebook page (@universityofpittsburghsccp) or via email (pitt.accp.eboard@gmail.com).

PPA: Pennsylvania Pharmacists Association

Emily Dell (P2), Communications Ambassador

Hello everyone! We hope that classes are going well for everyone. PPA is having a great semester, and we have a lot more planned for the rest of the school year. On Saturday, February 2, some of our members participated in Kidapalooza. We used Twister to educate children about healthy food choices.

We are very happy to announce an event that we have coming up this month: we will be holding a Pitt/Duquesne PPA Mixer at Carson City Saloon on Saturday, March 30 at 7 PM. This is a great opportunity to meet with student pharmacists from another school and network!

Student members of PPA through the pharmacy school also have the opportunity to participate in activities held by the Allegheny County Pharmacists Association (ACPA). This organization holds many different volunteering events and programs throughout the year, which both student pharmacists and pharmacists from the county attend to network and help the community.

For updates on what we are doing with the Pitt Chapter of PPA and what other school chapters are doing, check out the Student Pennsylvania Pharmacists Association (SPPA) Facebook page. Here, we post pictures of the events that we hold at our schools and of conferences we have throughout the year.

Be sure to mark your calendars for Legislative Day on Tuesday, April 9. Members of PPA are very excited for the opportunity to talk with our legislators about what is currently happening in the pharmacy world and continue to gain the tools necessary to advance our profession.

If you would like to get more involved with PPA or would like to know more about leadership within the organization, please feel free to reach out to us. We would love to hear about any ideas you have to make our organization better. **Our next GBM is set for Tuesday, March 26 at 12 PM.** Hope to see you there!



SASP E-board members with alumnus, Mike Einoidschoffer.

SASP: Student Association of Specialty Pharmacy

Marisa Postava (P3), Secretary

SASP was honored to have PittPharmacy alumnus Mike Einodshofer speak from Maxor Pharmaceuticals. Mr. Einodshofer graduated in the class of 1997 and spoke to our student pharmacists about career options in specialty pharmacy. He currently serves at the Chief Pharmacy Officer at Maxor.

Next, SASP is planning a site visit to PANTHERx Specialty Pharmacy located in Robinson. PANTHERx is home to many PittPharmacy and Duquesne alumni. Dr. Gordon Vanscoy serves as the CEO and SASP advisor, and Professor Bridget Regan, will be the Director of Pharmacy Operations at the new Specialty PANTHERx facility. Currently, the visit is scheduled for early April or late March. Don't miss out on this great opportunity!

Lastly, SASP founders Catherine Pfindner, Caleb Lynch, and Marisa Postava will be meeting with NASP's Sheila Arquette to discuss the group's progress as one of the first SASP chapters. **GBM will be held on March 28, where the 2019-2020 elections will be taking place.** The group wants to continually grow and provide new opportunities for student pharmacists in the coming years.

SNPhA: Student National Pharmaceutical Association

Kathy Monangai (P3), President

The Student National Pharmaceutical Association chapter is kicking off the month of March after an eventful February. We hosted our 2nd Annual Black History Cultural Showcase on Friday, February 15 in Scaife Hall. The event had soul food, raffle tickets, a photo booth, and several performers, including a gospel choir, spoken word artists, and a hip-hop dance group! We were able to raise \$450 for the local Pittsburgh charity FAME, or Fund for the Advancement of Minorities through Education. The event was co-sponsored by the Student National Medical Association, Student National Dental Association, the School of Public Health's Minority Student Organization, and the School of Nursing's VITAL. Also, SNPhA had the chance to collaborate with P2s' Script Your Future representatives on the Operation Better Block Health Fair. It was an interprofessional health fair held on Saturday, February 16 at the Homewood CEC, or Community Engagement Center. Student pharmacists had the opportunity to educate community members alongside medical, nursing, and dental students. We provided education regarding asthma management, lead poisoning, high cholesterol, diabetes, and high blood pressure. It was a great way to introduce Homewood community members to some of Pitt's Schools of Health Sciences.

More information about elections will be shared with our undergraduate and graduate members this month! The available positions for P1s and P2s include President-Elect, Diabetes Initiative Chair, Operation Immunization Initiative Chair, Chronic Kidney Disease Initiative Chair, Legislative Initiative Chair, Remember the Ribbon Initiative Chair, Mental Health Initiative Chair, Power to End Stroke Initiative Chair, and Dean's Theme Chair. **Hear more about our events at our next general body meeting on Thursday, March 21 in Salk 402.** If you have any questions, concerns, or ideas, please be sure to reach out to the executive board through our Facebook page (@SNPhA.Pitt) or email (snpha.pitt@gmail.com).



Pictured on the left: Student pharmacists had a great time educating Homewood community members at the Operation Better Block Health Fair! This was one of the Homewood CEC's Black History Month events held in the month of February.

Pictured on the right: God's Children Gospel Choir was one of the amazing eight acts at the Black History Cultural Showcase.

SSHP: Student Society of Health System Pharmacists

Kiana Green (P3), Business Manager

SSHP has been very busy this semester, and we have a lot of events coming up in these last two months! Back in February, SSHP, along with many other organizations, participated in Kidapalooza. We were able to talk with children and their families, playing an interactive grocery shopping game to teach children about nutrition and heart health. We also visited Avonworth Elementary School for our Dean's Theme initiative and talked to 160 children about nutrition and heart health.

Also in February, we held our Pharmacy Advancement Initiative week. This week was dedicated to advancing the profession of pharmacy. On Friday, February 22, we held a tabling event in the atrium where students wrote down their ideas for the advancement of pharmacy and took pictures in front of the Pitt Pharmacy backdrop! Finally, we completed our E-board elections and interviews. We would like to congratulate everyone who was elected and those who ran; it was a close election in all regards!

Coming up on March 20, we are hosting Dr. Dan Cobaugh, PharmD, DABAT, FAACT, Vice President, ASHP Publishing and Editor-in-Chief of the American Journal of Health-System Pharmacy (AJHP). He will be speaking about professional publication and how students can find research and publication opportunities. This is also a PRIMERx event, so everyone is welcome and extremely encouraged to attend. He will be speaking over lunch in Scaife 5/6, and we look forward to all of you attending!

Finally, SSHP partnered with the Center for Organ Recovery and Education, or CORE, and participated in the "CORE Challenge" last spring. We had such a great time that we are doing it again! We will be having a huge event on Thursday, April 12 at the Petersen Events Center from 10 AM – 4 PM to talk with students about CORE and encourage them to sign up to be organ donors (if they aren't already). Student pharmacists will have the opportunity to help us run the event, and these hours will be IPPE approved. We will be raffling off some amazing prizes, so be sure to stop by and sign up to be an organ donor! We are so excited for these events in the next few months, and we hope you all are able to get involved with SSHP!



Pictured on the left: Pooja Boghara (P3), SSHP's Dean's Theme Chair, interacting with children through a game about heart health and nutrition.

PDC: Phi Delta Chi Caleb Lynch (P3), Worthy Keeper of Records and Seals

It is a well-known fact that February is the shortest month on the calendar. The men of Phi Delta Chi determined this to be an alternative fact based on their ability to pack February with as many actions as any other month! From football to fitness to finding our way out of locked rooms, the PDC boys made it a month to remember.

The month started out with a number of brothers getting together to watch the epic Super Bowl. Brothers shared snacks and memories as one of the greatest games in gridiron history played out before them, although many of us were still upset that the Steelers weren't in the big game. We couldn't be too sad, however, because all the excitement of the game really did a lot to boost our monthly hoagie sale.

As I mentioned last month, we initiated 14 new brothers into our fold as our P1 brothers finished the pledging process and became official members of our fraternity. Initiation was a memorable night as we followed the ancient rituals of our hallowed organization.

At the end of January, we had 4 brothers compete in the annual Dr. Salk Hall competition, and our very own Tsirztan Oliver took home the crown! With his victory, we were able to raise even more money for our beloved philanthropy, St. Jude Children's Research Hospital.

As always, I would like to thank you for reading about what Phi Delta Chi has been up to, and I promise that we have some exciting things in store for the future!



Brothers Orges Alabaku (P2), Jaehee Cho (P3), and Elizabeth Hill (P2) tabling about Reach Out and Read.

Kappa Psi

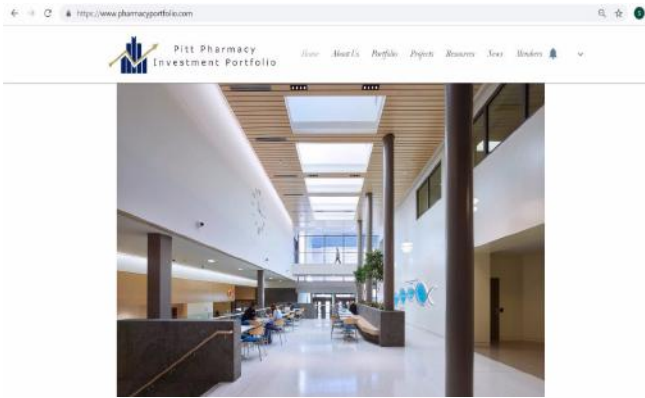
Melanie Umbaugh (P2),
Secretary

It's hard to believe we are reaching the midpoint of the semester, especially when the weather can't seem to decide whether it is winter or spring. Despite the temperature swings from -20°F to 60°F in the span of a few days, the Brothers of Beta Kappa have managed to keep very busy. We started February by congratulating our 31 new Brothers, and the rest of the P1 class, on receiving their white coats. Some of

our Brothers immediately put those white coats to use by tabling at Kidapalooza about our Dean's Theme and philanthropy projects. Midway through the month, we held our annual semi-formal Black and White on February 16. On February 21, we elected our new executive board, and we are excited to transition the leadership. On February 28, we planned our annual Pies with Kappa Psi event in collaboration with APHA's Operation Heart.

Our greatly anticipated Spring Mountain East Province Assembly was hosted by Duquesne University's Chapter from March 1-3. Our Chapter was thrilled to be sending 49 (yes, 49!) Brothers to this event, constituting roughly a third of all attendees. We were so excited to have the opportunity to network with visiting Brothers and welcome them to the city of Pittsburgh. After our Spring Assembly, we are all the more excited for our national conference, GCC, coming up this summer in Washington, DC.

Earlier this year, our Chapter was awarded a grant to support the national Kappa Psi philanthropy: Reach Out and Read. Reach Out and Read is an organization that promotes early childhood development by encouraging parents to read aloud to their children. Several of our Brothers attended Kidapalooza in February to advertise our project and keep parents updated with upcoming events. We are planning to partner with libraries throughout the Pittsburgh area to hold book fairs for children. For more information about our Reach Out and Read Project, visit our website at <https://betakappa.wixsite.com/reachoutandread>. In addition to holding outreach events at local libraries and providing books to children throughout the city, we are also accepting donations to help the national Reach Out and Read Program. Donation information can be found on our website, or any executive board member can help provide additional information.



PPIP: Pitt Pharmacy Investment Portfolio

Shivani Sampathkumar (P3), PR Chair

Hello everyone! This semester, Pitt Pharmacy Investment Portfolio has started its group due diligence process. This means that as a group, we will collectively review around 40 healthcare companies including their product focus, pipeline, company leadership, and finances. By the end of the semester, each of our students will present on the companies they reviewed, and we will vote as a group on whether we will invest. As student pharmacists, we have an interesting perspective in evaluating how valuable future therapies will be in practice. Currently, we are in the screening portion of our investment process!

In addition to making progress on our group due diligence composite, we have officially launched our Pitt Pharmacy Investment Portfolio website (www.pharmacyportfolio.com). On the website, we feature more information on how the portfolio group functions. The website also houses resources for our analysts, such as due diligence templates and examples of previous presentations. Finally, we started a new initiative on our website which features weekly industry news updates by our analysts Josh Cinicola (P1) and Annalisa Nguyen (P2). Check out their weekly updates at www.pharmacyportfolio.com/news.

Pictured above: Pitt Pharmacy Investment Portfolio launches their new website for prospective students.

Pictured on the right: LKS sisters ready to head to Black and Pink Formal!



LKS: Lambda Kappa Sigma

Esther Hwang (P3), Corresponding Secretary

Hello everyone! It is crazy that we are already half way through the semester! Few weeks ago, the sisters danced the night away at our annual spring Black and Pink Formal. Huge shout out to our co-social chairs, Marissa Campagna (P3) and Alyssa Lear (P3), for organizing this event for us! Now our sisters of LKS are busy planning out some of the biggest events of the semester, such as our 5th annual Teal Taps Fundraiser that supports the National Ovarian Cancer Coalition and our 5th annual HOPE WaLKS.

HOPE WaLKS is a 5K run/walk that takes place on April 7 starting at the Anderson Pavilion in Schenley Park! The proceeds of the event go towards our philanthropy, Project HOPE. This will fund the delivery of medical care to those around the globe, preventing disease and promoting wellness for all. Ask any of our sisters for more information, and sign up to participate in raising money for such a great cause while working on your fitness!

Finally, our chapter held our yearly elections to designate new officers for the 2019-2020 school year. Congratulations to those who have earned a position; the future of LKS is looking very promising! Can't wait to see the continued growth of the chapter under our new leadership.

As always, keep updated on LKS events by following us on Instagram (@lks_delta_chapter)!

Rho Chi

Taylor Conrad (P3), Historian

Congratulations to the incoming P2 class members who attended their first Rho Chi meeting in February! We were able to introduce them to our chapter and some of the activities that we accomplish throughout the year. As the semester nears the end, we will be holding elections for next year's leadership positions; stay tuned for the next issue to hear about the election results!

As the semester picks up, we are keeping busy and have several events in store. We will have our formal initiation of the new members at the University Club on March 19. **Additionally, we will be holding the combined Koch/Tucci Lecture on April 1 at 12 PM in Scaife 6.** Please try to attend as it is always interesting, and some professors even offer extra credit if you are able to make it!

For our Student Poster Event, we will be partnering with SCCP. This will be similar to the faculty event we held in the fall but will allow you to explore some of the research that students are participating in. This date is not set yet, but we are planning to host it in March, so be on the lookout for updates. If you have a poster and would like to practice presenting, please reach out to any member of the E-board (Jessica Cercone, Jen Jordan, Emily Novak, Erin Wasylson, or myself).

There will be a review for Drug Development on March 22 at noon! As always, if there are any subjects that you are struggling with, please reach out to a Rho Chi member, and we will help put you in contact with a student who can help. We offer both group tutoring sessions and individual help.

We are also in the midst of planning another blood drive in the month of March so please consider donating if you are able to!

PLS: Phi Lambda Sigma

Katie Rudzik (P3), Secretary

We had a very busy month of February! Thank you to all that applied to be a member of Phi Lambda Sigma. This was the most applicants we have ever had and was the most competitive year yet. With that said, if you were not chosen and would like to go over your application, please reach out to Carly Schaechter or Grace Erdman.

Congratulations to our new members! You should be proud of your accomplishments thus far, and we look forward to working with you in the upcoming year! Our elections will be held on Tuesday, March 19 during our lunch meeting. Good luck to those running! The PLS/Rho Chi Induction Ceremony will be held on Tuesday, March 19, and we look forward to seeing our new members then.

Lastly, we held our annual PLS Charity Auction on January 31 at the Wyndham Hotel in Oakland and was a huge success! We were able to raise over \$8,000 for the Grace Lamsam Pharmacy Program, which provides medications and medical services to the underserved population of Pittsburgh. Thank you to all professors and student organizations for their awesome item donations, and we hope you all had a great time and are already looking forward to next year!



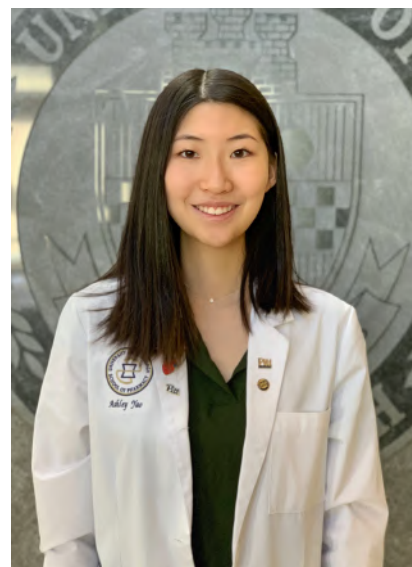
Pictured above: Members at the successful PLS Charity Auction earlier in January. Over \$8,000 was raised at the event!

Letter from the Editor

With spring break around the corner, it's crazy to think that we only have two months left before the end of the semester! Soon, the Class of 2020 will be beginning rotations and the Class of 2022 will be transitioning into P2 fall.

There are still plenty of opportunities to become involved in our organizations, and Project Leader positions are a great way to get that exposure into the topic that you have always been interested in. Best of luck to those who are still or plan on applying, and congratulations to all new executive board members!

Ashley Yao (P2)
The *Pitt Capsule* Editor-in-Chief
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Do You Like to Write?

The APhA-ASP Communications Committee publishes six issues of the *Pitt Capsule* each school year. We would love to have new editors join our Publication Committee team! If you are interested, please email Julia at jwh43@pitt.edu.

We will feature several articles written by students and professors in the *Pitt Capsule*. We welcome your contributions! Please submit articles to amy51@pitt.edu, and we will see how we can incorporate them.

