

The Pitt Capsule

April 2019

School of Pharmacy Organizations: Schedule of Events for April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 12 PM Tucci and Koch Lecture	2 12 PM CPFI GBM 12 PM SCCP MSL Speaker 3 PM GRASP and Grub	3 12 PM CPNP GBM 12 PM PPIP GBM 12 PM Medical Reserves Corporate Speaker 7 PM APhA Pirates Game	4 12 PM AMCP Residency Panel 4 PM Interview and Residency Workshop	5
8 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM	9 12 PM CPFI GBM 12 PM PPA GBM	10 12 PM Rho Chi GBM 12 PM SIO LinkedIn Workshop	11 12 PM ASCP Guest Speaker 12 PM SSHP GBM	12 9 AM PittPharmacy Annual Health Fair
15 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM	16 12 PM CPFI GBM 12 PM SCCP and SIO MSL Speaker	17 12 PM SCCP Inahler Device Training 12 PM CPNP GBM 12 PM PLS GBM	18 12 PM ASCP GBM 12 PM SCCP Research Fellows Poster Presentation	19
21 Finals	22 Finals	23 Finals	24 Finals	25 5 PM APhA End of the Year Party

Special feature: Class of 2021
Script Your Future Campaign!



GBM – General Body Meeting, all members are welcome!
Be sure to check the Master Calendar on the PharmD Porxtal for updated information.



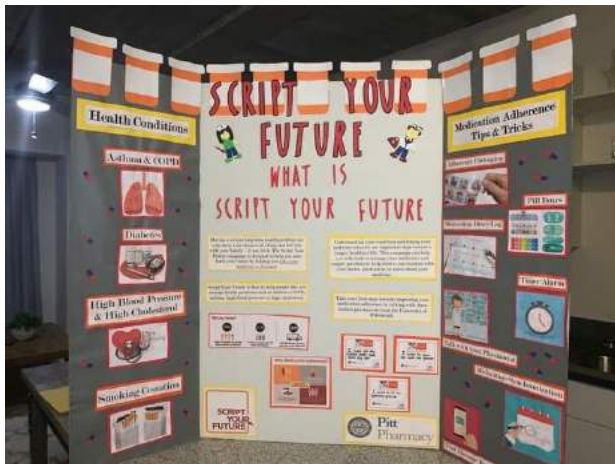
Class of 2021 Script Your Future Campaign

Grace Erdman (P2), Class of 2021 President

Each year, the pharmacy school takes part in the Script Your Future campaign as a means to spread awareness and education about the importance of medication adherence. This initiative is spearheaded by the P2 class because they have enhanced accessibility to the public via their placement at over 80 community pharmacies throughout Allegheny County.



Throughout this two-month initiative, the P2 class have not only brought their information to almost 100 community pharmacies, but they have also had a presence throughout Pittsburgh at some high-profile events. In early February, student pharmacists attended Kidapalooza, and while children were entertained in learning about medication safety from other Pitt Pharmacy organizations, our student pharmacists addressed their parents and caregivers, reaching over 40 families. Besides this, the class leaders partnered with SNPhA and Operation Better Block to organize an interprofessional health fair at the University of Pittsburgh's newly acquired Community Engagement Center in Homewood. At this event, over 80 community members signed up for point of care testing for blood glucose, A1c, cholesterol, blood pressure, and lead poisoning. In collaboration with the school of medicine, nursing, and dental medicine, visitors were counseled based on their unique health reports. Then, the P2 student pharmacists shared how medication adherence can play an important role in their overall health.



On March 7, the University of Pittsburgh radio station, WPTS shared a 20-second promo of Script Your Future and the importance of medication adherence, and a popular Pittsburgh radio station, WISH 99.7, promoted the PittPharmacy Script Your Future campaign, emphasizing the importance of adherence to over 60,000 listeners.

In this campaign, we shared that nearly 3 out of 4 patients do not take their medications as directed and that a third of hospital visits are attributed to non-adherence to medications. The competition closed on March 22, and we hope to have assessed and counseled 2,000 patients through our combined efforts as a class. Please be sure to visit our Facebook page at Script Your Future Class of 2021. Check out the kick-off video we put together for the campaign, and look out for the results of this competition!

Pictured above: This is the poster that has been presented to the Pittsburgh public at events like the Homewood Health Fair.

Pictured on the right: Throughout the campaign, patients have been asked to fill out pledge cards detailing why they will be taking their medications and why their medications are important to them.



APhA-ASP: American Pharmacists Association Academy of Student Pharmacists

Danielle Weaver (P2), Membership VP

The year is coming to a close, and things are starting to wrap-up for the semester. Congratulations to everyone for another successful year! APhA-ASP is proud of the work everyone has done to reach so many patients in our community through numerous patient care projects, global health awareness initiatives, interprofessional events, and more. Awesome job, all! Check out the Patient Care Committee's Facebook page for more updates and information on the remaining events for this semester.

The APhA Annual Meeting in Seattle, WA was also a huge success! We are grateful for all the members who attended. We hope you all enjoyed your time in Seattle and gained something from your time at the conference.

As the semester comes to an end, we also wanted to remind everyone with a few dates and pieces of information:

- Spring Leadership Retreat – Wednesday, April 10 from 5-8 PM in Salk 402
- Medical Reserves Corps Campaign guest speaker – Wednesday, April 3 from 12-1 PM in Salk 402
 - **Pizza will be provided!**
- End of the Year Party at Hofbrauhaus – Friday, April 26 at 5 PM
 - **Free food and drink tickets!**
- Spring Membership Drive: 2-year APhA Transitioning Membership
 - Designed for 2020 graduates to help bridge transition from student pharmacist to new practitioner
 - Members receive:
 - Complimentary copy of *The APhA Complete Review of Pharmacy, 12th Edition*
 - Members-only *NAPLEX Review Study Guide* that includes NABP Blueprint of topics covered on exam, a list of the Top 200 drugs, ID: Bugs and Drugs Diagram and Chart, and Pharmacy Mnemonics with illustrations
 - Access to the NAPLEX Review Section of Pharmacy Library, APhA's digital platform, *PLUS* 300 bonus members-only test prep questions
 - Discounted pricing for 2 years of national dues
 - The new APPE Calculations Pocket Guide
 - Early access to the New Practitioner Network and New Practitioner Benefits
 - **Registration deadline is April 30!**



If you have questions about any of the upcoming events or transitioning membership, please reach out to me or another member of E-board. Have a great rest of the semester!

Pictured on the left: Student pharmacists attended Annual 2019 in Seattle, WA where they were able to network with other APhA-ASP chapters across the nation.

CPFI: Christian Pharmacists Fellowship International

Damaris Szmaciasz (P3), Vice President

April showers bring May flowers... and new leadership and finals encouragement bags! As we finish out the semester, here are some final updates from CPFI.

This past month, members of CPFI teamed up with CMDA (Christian Medical & Dental Associations) volunteers within the dental and medical schools to serve the West Virginia community for a weekend at Warm Hands Warm Hearts, which is an outreach ministry that serves to provide gloves, coats, hats, and socks to needy children and the homeless. Students will be giving various presentations on important health topics and will be participating in community service projects in an area where the opioid epidemic is very prevalent.

As finals week approaches, be on the lookout for encouragement bags! Each semester, members of CPFI get together to put together small bags of candy and words of encouragement to hand out to student pharmacists studying in Salk Hall during the week before finals begin.

Finally, we are looking forward to passing the baton to new leadership next semester. Elections are being held in the beginning of April. This past year, CPFI has grown in dedicated members, participation in school events, and increased presence within the CMDA community. Next semester, we will continue our weekly Bible study with the dental students and much more! See you all then!

ASCP: American Society of Consultant Pharmacists

Emily Kistler (P3), Secretary

This past semester ASCP has had a full schedule of events and speakers. We started our semester with MLK Day at Longwood at Oakmont Retirement Community to hold a health fair. We had the opportunity to welcome 3 speakers: Monica Aspinall, clinical consultant pharmacist at RxPartners, St. Margaret's resident, and Deborah Milito, western director of the PA-ASCP chapter. We enjoyed hearing about their experiences and how pharmacists are a crucial part in the care of seniors.

ASCP put our crafting skills to the test by making fidget blankets for dementia patients. Fidget blankets engage the patient's tactile, visual, and acoustic senses and may provide sensory stimuli that result in positive behavioral outcomes in patients experiencing behavioral and psychological symptoms of dementia (BPSD). Members are going to Asbury Heights' dementia unit to gift these blankets to residents.

ASCP will have our final GBM on **Thursday, April 18**; hope to see you there! As always, if you are interested in learning more about caring for geriatric patients or would like to be a part of our organization, please reach out to any of our members, find us on Facebook, or email us at pittascp@gmail.com.



Diana Mansour and Emily Kistler displaying their fidget blankets.

SNPhA: Student National Pharmaceutical Association

Hager Mohamedein (P2), President-Elect



Melanie Umbaugh (left) and Jessica Mattox (right) earned 3rd place out of 40 teams in the Kroger and Student National Pharmaceutical Association Clinical Skills Competition at Regionals.

The Student National Pharmaceutical Association chapter is officially wrapping up the school year. Pitt's SNPhA chapter had the pleasure of attending the Region I and II Conference in Washington D.C. hosted by Howard University. While at the regional conference, our President-Elect Hager Mohamedein defended and passed her resolution on LGBTQIA+ representation in healthcare, and she will have the opportunity to defend it again at the national conference, which will be held in Houston, TX from July 26-29. Two of our SNPhA E-board members, Melanie Umbaugh and Jessica Mattox, were awarded 3rd place in the Kroger/Student National Pharmaceutical Association Clinical Skills Competition, where they reviewed a patient case and counseled a patient on drug-related problems. SNPhA co-hosted a leadership workshop with PLS, and the past chapter president Dr. Adam Martin spoke on personal branding and self-care. He discussed several ways of practicing self-care methods and the ways he excelled at personal branding himself, leading him to start his own company: TheFitPharmacist.

As we prepare for elections and welcome in the new E-board we would like to say thank you to our wonderful President Kathy Monangai who put her blood, sweat, and tears into this organization. We will miss her dearly and wish her the best of luck as she starts her rotations. We hope to continue the legacy that she has left behind! Furthermore, if you have any questions, concerns, or ideas, please be sure to reach out to E-board through our Facebook page (@SNPhA.Pitt) or email snpha.pitt@gmail.com. Good luck with finals, and Hail to Pitt!



Pitt SNPhA's E-board had a wonderful time representing their chapter in Washington, D.C.

PPA: Pennsylvania Pharmacists Association

Emily Dell (P2), Communications Ambassador

Hello everyone! We have almost made it to the end of the semester. The time has finally come for one of the biggest events of the year for PPA: Legislative Day. We are excited to take a large number of student pharmacists from all classes to Harrisburg on Tuesday, April 9. Student pharmacists will be meeting with their legislators, both from this area and from their home towns. It is our hope that student pharmacists will enjoy this trip, see the impact we can have on the pharmacy profession, and become more involved with PPA in the future.

We are looking forward to having some volunteering opportunities in the future with the Allegheny County Pharmacists Association (ACPA). This group works with different organizations in the Pittsburgh area to hold various volunteering events, such as working at the Greater Pittsburgh Community Food Bank and volunteering at Global Links, a medical relief and development organization dedicated to supporting health improvement initiatives. We plan to work more with this organization in the upcoming school year.

If you would like to know what is happening with the chapters of PPA at other schools, you can look at our Campus Checkup articles in the *Pennsylvania Pharmacists Magazine*. One student pharmacist from each chapter sends an update to the magazine on a bi-monthly basis to update others in the pharmacy field. This magazine provides everything from patient care stories from pharmacists practicing in PA to the most important happenings in the pharmacy world.

We are currently working on filling the positions for our E-board and looking for new ideas for next year. We will be releasing the description of these roles to those interested in the next few weeks. If you would like more information or would like to get more involved with Pitt's chapter of PPA, please feel free to reach out to one of us. Good luck with finals, and have a great summer vacation!



Pictured on the left: A group of student pharmacists at the Capitol during a past Legislative Day.

SASP: Student Association of Specialty Pharmacy

Marisa Postava (P3), Secretary

We are preparing to close out the semester with some exciting events. The organization plans to have a morning meeting with Vivaleas' Bill McCormick and Walid Hachicha, PharmD. Vivaleas is an international specialty pharmacy with offices located in Pittsburgh, PA and Brunnen, Switzerland. They currently offer APPE rotation that is exclusive to Pitt Pharmacy. Gordon Vanscoy, PharmD is also a planned speaker for the organization, and the date is forthcoming.

Dr. Vanscoy is a proud Pitt alumnus who serves as the CEO of Pantherx Specialty Pharmacy and leads the PBA ARCO at Pitt. SASP is also planning a site visit to Pantherx to learn more about specialty pharmacy operations. If you are interested in attending or have any questions about the site visit, please contact a NASP member. Lastly, the organization will be holding officer elections towards the end of the semester at the final GBM. Many positions will be open, so please attend the meeting or contact current E-board members if you are interested in running!

SCCP: Student College of Clinical Pharmacy

Kathy Monangai (P3), Secretary

The Student College of Clinical Pharmacy chapter is wrapping up the school year with several events! Recently, we held the Students, Special Topics, and Scholarly Work with Rho Chi on March 27. This is our annual joint event with Rho Chi that gives current student pharmacists the opportunity to share their research projects with their classmates. It was great practice for students to talk about their research in a low-pressure setting! We brought back our medical science liaison (MSL) series and will be having two different company visits from Tetrphase Pharmaceuticals and Genentech. MSL Vanessa Grant-DiFelice, MD, MPH and Senior Director of External Medical Affairs Kenneth Lawrence, PharmD from Tetrphase will be talking about their new FDA-approved antibiotic for complicated intra-abdominal infections called Xerava™. Genetech MSL Diane Ammerman, will be discussing new autism research and the use of innovative technology such as smartwatches in the pharmaceutical industry world.



Pictured on the left: Jackson Crouse (P2) participated in a Project Pulmonology event at Pittsburgh Liberty K-5 in East Liberty. We were able to do so with the help of the team at Breathe PA. Crouse educated elementary school students about asthma and different types of respiratory inhalers.

We will be sharing more about another one of the American Clinical College of Pharmacy's (ACCP) national initiatives. The Clinical Pharmacy Challenge will be held in the coming weeks! It's a "quiz bowl" type of competition that has teams of three student pharmacists from across the country. There are three sections of the challenge: trivia/lighting, clinical case, and jeopardy-style. We will hold a local competition in the first few weeks of April. The winning team will compete virtually at the regional level in August and September. Winners then will have a chance to compete at ACCP's national conference in New York, New York in October!

Lastly, it's the time of the year for the Pitt SCCC Mentored Research Fellowship Award application. This is an opportunity for student pharmacists who have completed or in the process of completing research with a faculty member through volunteering their time or participating Special Topics Research for credit. Fellows are named each year and participate in our journal club series, present their research to their peers, and win a \$1,000 scholarship to attend the conference of their choice to present their research to an even larger clinical pharmacy audience! We hope to see you at our last general body meeting of the semester on Wednesday, April 17 in Salk 355. If you have any questions, concerns, or ideas, please reach out to our E-board through our Facebook page (@universityofpittsburghsccc) or email (pitt.accp.eboard@gmail.com).

SSHP: Student Society of Health System Pharmacists

Kiana Green (P3), Business Manager

We cannot believe that we are headed into our final month of school! Recently, we conducted our E-board elections. A big congratulations goes to all of our new and appointed E-board members. We look forward to working with all of you and seeing what you all can accomplish through SSHP! Last month, SSHP was grateful to host Dr. Dan Cobaugh through a PRIMERx event. We had a fantastic audience full of students, residents, and faculty members, and we are thankful to have welcomed a Pitt Pharmacy alumnus back to Pitt Pharmacy!



Pictured is Dr. Dan Cobaugh speaking about ASHP and the importance of professional organizations.

Coming up on April 6 is the PSHP Emerging Practitioner Professional Development Day! This event will be held right down the road at

Duquesne University and will give student pharmacists an excellent opportunity and experience with professional conference on a smaller, more intimate scale. Residency programs from PA, NY, MD, and more will be in attendance for a mini residency showcase in the afternoon! Attendees registration is free for PSHP members. You must be logged in to the website to receive the member discount at checkout. Non-members may register for \$35 or join PSHS and receive free registration for this event, the 2019 Annual Assembly, and additional PSHP benefits. This is a great event happening right in our backyard, and we look forward to seeing you there!

Our last event of the year is coming up on Thursday, April 12. SSHP is running a huge event in the Petersen Events Center. Last year, we partnered with the Center for Organ Recovery and Education, or CORE, and participated in a college-wide "CORE Challenge". We had such a great turnout and received such great feedback from last year that we decided to do it again! This event is centered around CORE Donation Awareness, and we will be talking with Pitt students about organ donation, its importance, and how to become an organ donor. It will take place from 10-4 PM in the Pete, and we will have the ability to sign students up to be organ donors on the spot. We will also be raffling off some amazing prizes, so be sure to stop by and sign up to be an organ donor! SSHP thanks you all for a great year, and we look forward to seeing you all in the fall!

PDC: Phi Delta Chi Caleb Lynch (P3), Worthy Keeper of Records and Seals

March: everyone's favorite month to pretend that they're Irish, spend money on college basketball brackets, and party in Florida over spring break. The brothers of Phi Delta Chi have been hard at work this March, however, planning events and electing new officers.

Tensions are high right now with the beginning of March Madness. Many brothers have completed their brackets and are ready for the most cutthroat of tournaments. For many, it is just a game, but for the brothers of Phi Delta Chi, we are fighting for honor. Who will be the big winner this year?

PDC is hosting its first ever formal in April and has several other volunteering events planned throughout the month as well. Look out for our brothers in the community this month!

Elections for our fraternity have been finalized, and all our new officers have officially taken charge in their respective positions. All of us are very eager to get the ball rolling and are planning some big things for Phi Delta Chi. Expect some great things from our organization in Fall 2019!

PLS: Phi Lambda Sigma

Katelyn Rudzik (P3), Secretary

We had a very busy month of March! We inducted our new members on Tuesday, March 19, at the annual PLS/Rho Chi Induction Ceremony. Congratulations to our new members and the Rho Chi inductees! You should be proud of your accomplishments thus far, and we look forward to working with you in the upcoming year!

Our elections were also held on Tuesday, March 19. Congratulations to our newly elected officers:

- President: Grace Erdman
- President-Elect: Yihan Li
- Vice President: Wei Lin
- Secretary: Nikitha Yagnala
- Treasurer: Hailey Mook

Our annual Spring Leadership Retreat will be held in collaboration with APhA-ASP in early April. There, we will be introducing the 2019-2020 Dean's Theme. Come ready to discuss your ideas for next year's Dean's Theme and hear from a passionate, inspiring speaker! For more information, reach out to Grace Erdman (P2) or Haley Fribance (P2).

Good luck on rotations, P3s! You will be missed in Salk Hall!



Pictured above: Our 2018-2019 E-Board (Chris LaFratte, Jessica Hu, Carly Schaechter, Katie Rudzik, Grace Erdman). Thank you to our outgoing officers!



Pictured above: Our 2019-2020 E-board (Nikitha Yagnala, Yihan Li, Hailey Mook, Grace Erdman, Wei Lin). Congratulations on your new roles and best of luck in the upcoming year!



Pictured on the left: New members of PLS Beta Delta Chapter. Congratulations to our new members!

Rho Chi

Taylor Conrad (P3), Historian

As the semester comes to a close, Rho Chi is transitioning leadership to the current P2 class. Their formal induction was held on March 19th, and it was a great opportunity to celebrate the success of the members of both Rho Chi and Phi Lambda Sigma! Congratulations to all members and the new E-board! Joseph Rizkalla is next year's President, Danielle Weaver is the Vice President, Anu Patel is the Secretary, Jacob Winschel is the Treasurer, and Kristina Murray is the Historian!

Our last events for the semester were the Student Poster Event on March 27 and the combined Koch/Tucci Lecture on April 1. We will still be

holding the ARC Health Talks at the Salvation Army Rehab Center in South Side on April 8.

As finals approach, please keep in mind that Rho Chi offers individual tutoring; so, if you are struggling with any material, please reach out to a member, and we will help put you in contact with a student who can help!

With the close of the school year, I hope that the P1s enjoyed their first year of pharmacy school, and we wish them good luck going into their second professional year! Incoming P3s, enjoy your summer, and good luck with your APPE rotations!



Rho Chi Induction, Class of 2021.

LKS: Lambda Kappa Sigma

Britney Stottlemeyer (P2),
Corresponding Secretary

Hello everyone! As we begin to welcome the warm weather (hopefully sooner rather than later), I would also like to welcome the fellow new officers of LKS. I have the utmost faith these ladies will do an astounding job and am honored to take over Esther's position and continue her great work over the course of the 2019-2020 school year.

This past Friday, the sisters hosted Teal Tap at Carson City in South Side. All proceeds went to the National Ovarian Cancer Coalition, which supports and raises awareness for ovarian cancer. Thank you to all who attended and made this such a successful event!

With the end of the semester quickly approaching, the sisters are diligently prepping for our final events. On Saturday, April 13, we will be hosting Hope WaLKS at the Anderson Pavilion in Schenley Park. Please note the date change from what was previously announced! The event starts at 11am and benefits our philanthropy, Project HOPE, a non-profit that offers medical training and health education to people all around the world. Check out our Facebook event (HOPE WaLKS 5k Run/Walk presented by LKS Delta Chapter) for more registration information. Come on out and support a good cause while being active! Additionally, we look forward to celebrating our sisterhood and cessation of another great year at our End of the Year Party.

Good luck to everyone on finals and to the P3s as they transition into their rotations in a few weeks!

Be sure to keep up-to-date with all our events by following us on Facebook (@PittLKS) and Instagram (@LKSDeltaChapter)!

Kappa Psi

Sneha Gaitonde (P2), Corresponding
Secretary

Happy Springtime, everyone! As the year winds down, the events don't stop for the Beta Kappa chapter. This March featured our Brothers attending the Mountain East Province Spring Assembly and picking up an award for Most Represented Chapter with 44 of our Brothers in attendance. The Brothers of Beta Kappa had the opportunity to mingle with student pharmacists from other parts of the country and to have lunch with a pharmacist mentor. Skylar Villegas (P2) presented a great workshop at the Assembly on the art of public speaking. The weekend-long event ended with a pancake breakfast fundraiser at the Beta Kappa House. We are also very proud of Rachel Young (P4), who was selected to be a delegate at the fraternity's national convention this July!

The Kappa Psi Brothers are currently working with the philanthropy Reach Out and Read (ROR) to promote early childhood literacy with a \$1000 Philanthropy Grant. We are partnering with Carnegie Library of Pittsburgh in Oakland at their Family PlayShop programs in April to pass out free books to children 0-5 years old and to provide information concerning the importance of reading to young children. More events are currently under works with Kappa Psi and ROR. To learn more about these initiatives, visit <https://betakappa.wixsite.com/reachoutandread>.

Other updates from the past month include a spaghetti dinner fundraiser which raised \$170 for NAMI. We are also very excited about our upcoming events including our Spring Formal on April 6 and our fraternity's Pirates Tailgate on April 19!

Thank you for reading, and be sure to check in with any Kappa Psi E-board members for more information on any of our initiatives!

CPNP: College of Psychiatric and Neurologic Pharmacists Catherine Pfendner (P3), Secretary

This past month we have elected new officers for the 2019-2020 school year. Thank you so much to all who applied, and a huge congratulations to our new E-board! Our new E-board includes Lauren Snader (President), Casey Gudenburr (Secretary/Membership), Abigail Reigh (Treasurer), Christine Sun (Research Chair), Dana Abraham (Education and Training Chair), Emma Haught (Community Outreach), and Markella Cervenak (Care Package Chair). We also hosted a LGBTQIA event this past month! We had a few health care professionals come from Western Psychiatric Hospital for a Cafe and Conversations on March 6.

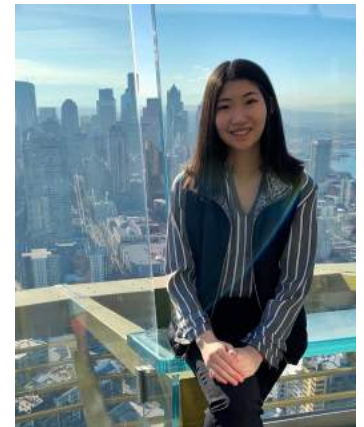
This summer, we will have the opportunity to participate in some innovative pediatric mental health simulation events; these interprofessional educational workshops are being offered in conjunction with Robert Morris University. We had student pharmacists and residents participate last summer, and they found it be a valuable experience. The adolescent depression/SI workshop will be held on June 20 from 9-2 PM, and the anxiety and ADHD lectures and simulations will be held on July 11 9-2 PM. Lunch will be provided! If you have an interest in learning more about pediatric mental health and are able to attend one or both sessions, please let Dr. Fabian know as soon as possible. Our next meeting is on **April 3 at 12 PM**, and on April 17, we will be hosting an autism event!

Letter from the Editor

After returning from Annual, many of our student pharmacists learned about how to become effective leaders and are excited to implement new plans into their organizations. I cannot wait to see how successful each organization becomes, and I look forward to working with the *Pitt Capsule* again next year!

Ashley Yao (P2)

The *Pitt Capsule* Editor-in-Chief
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