

The Pitt Capsule

February 2020

School of Pharmacy Organizations: Schedule of Events for February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
10 12 PM Kappa Psi GBM 12 PM LKS and PDC Dean's Theme Speaker 12 PM CPFI GBM 5 PM APhA Game Night	11 12 PM ASCP GBM 12 PM PPIP GBM 12 PM SSHP GBM	12 12 PM CPNP Psychiatric Pharmacist and Resident Round Table 12 PM SSCP GBM	13 12 PM SSHP Wellness and Resiliency Speaker 12 PM Rho Chi GBM 6 PM Kappa Psi GBM	14 12 PM ASCP SilverScripts Review Session
17 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 12 PM CPFI GBM	18 12 PM CPNP Question Panel with a Patient with Schizoaffective Disorder	19 12 PM SCCP GBM 12 PM SNPhA GBM 12 PM APhA Phun Wednesday	20 12 PM Panther Clinic Info Session 12 PM PLS Workshop with Dr. Smith 6 PM Kappa Psi GBM	21
24 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 12 PM CPFI GBM	25 12 PM PLS GBM 12 PM PPIP GBM 12 PM SSHP Stress Free Zone	26 12 PM CPNP GBM 12 PM RxPlore Camp Interest Meeting	27 12 PM SNPhA Dr. Adam Martin	28 12 PM Rho Chi Biochemistry Review
March 2 12 PM Kappa Psi GBM 12 PM PDC GBM 12 PM LKS GBM 12 PM CPFI GBM	March 3 12 PM Rho Chi GBM 12 PM SCCP Journal Club 12 PM SSHP Transplant Speaker	March 4 12 PM APhA GBM and Marijuana Speaker Panel 12 PM PPIP GBM	March 5 5 PM APhA Iron Chef	March 6

GBM – General Body Meeting, all members are welcome!

Be sure to check the Master Calendar on the PharmD Portal for updated information!

APhA-ASP: American Pharmacists Association Academy of Student Pharmacists

Danielle Weaver (P3), Membership VP

Happy Pharmacy Weeks! Thank you to all who attended the various Pharmacy Weeks events. We hope you all had a great time celebrating pharmacy and socializing together. Also, congrats to everyone that participated in the bingo game; we hope you all enjoy the PittPharmacy mugs!

Following Pharmacy Weeks, APhA is excited to keep the fun experiences rolling with several Dean's Theme, Operation, and social events. As mentioned previously, the Dean's Theme for the year is GenerationRx and the Patient Care Committee has a lot of great events planned! Check out the Patient Care Committee's Facebook page for more updates and information regarding the various events happening this semester. If you're interested in helping with any of the events or projects, we encourage you to reach out to the Operation and project leaders.

In addition to Dean's Theme and other patient care events, stay on the lookout for more info regarding upcoming social events. Below is an overview of some of the fun ahead!

- Game Night – Monday, February 10 in Salk 524 at 5 PM
- Phun Wednesday – Wednesday, February 19 in Salk Atrium at 12 PM
- Iron Chef Competition – Thursday, March 5 in Salk 524 at 5 PM
- Phun Wednesday – Wednesday, March 25 in Salk Atrium at 12 PM
- End of the Year Party at Hofbräuhaus on Thursday, April 23 at 5 PM

SNPhA: Student National Pharmaceutical Association

Hager Mohamedein (P3), President



Pictured on the left: ASCP, PittServes, RxPrep, and SNPhA at the 3rd annual MLK Day Health Fair.

Last month, the University of Pittsburgh SNPhA chapter had a wonderful time volunteering for the 3rd annual Martin Luther King Day of Service Health Fair at Longwood with ASCP and RxPrep. We were able to educate over 90 residents on topics such as stroke, mental health, and chronic kidney disease as well as take some of the residents' blood pressures. This

month, we will be hosting our 3rd annual Black History Culture Showcase on Friday, February 14 in the O'Hara Student Center Ballroom from 6 to 8 PM. We plan on having food, raffle tickets, and special performances! All proceeds from the event will be donated to a local Pittsburgh charity.

With that being said, we are officially 11 days away from SNPhA's regional conference being held here in Pittsburgh. Registration is still open, so go to www.snpha.org/meetings and register for the regional conference being held February 21-23 this year at the Sheraton Hotel. We look forward to

seeing everyone at the conference. Hear more about our events at our next general body meeting on Wednesday, February 19 in Salk 524. If you have any questions, concerns, or ideas, please be sure to reach out to the executive board through our Facebook page (@SNPhA.Pitt) or email snpha.pitt@gmail.com.



Pictured above: Educating members in the community about Brain Health and the Importance of Mental Health.

2020



University of Pittsburgh | School of Pharmacy

Registration is Now Open!

SNPhA Regions I & II Conference
February 21-23



LEAD • EMPOWER • GENERATE
ADVOCATE • COMMUNITY • YOUTH

SCCP: Student College of Clinical Pharmacy

Lisa Cahill (P2), Secretary

Welcome back, everyone! The Student College of Clinical Pharmacy has a lot of exciting events and opportunities to get involved this semester!

We have more events and opportunities coming up this semester and you can stay up to date by following us on our social media and attending our GBMs. If you have any questions, concerns, or ideas, please reach out to us through any of the following:

- Email: pitt.accp.eboard@gmail.com
- Facebook: facebook.com/universityofpittsburghsccp
- Instagram: instagram.com/pittsccp

SCCP will be hosting the annual Clinical Research Challenge (CRC) on February 3 at 5 PM in Salk 402. The CRC is a national team-based competition where teams of three student pharmacists can participate in an online journal club, submit a letter of intent, and a clinical research proposal. Those who compete have a chance to represent Pitt Pharmacy on a national level!

We will be hosting our monthly Journal Club on the first Tuesday of every month at lunch. A student will summarize new research and those who join will have the opportunity to ask questions about the article. Our next Journal Club will be Tuesday, March 3 in Salk 402; the article being discussed will be sent out via email a few days before the event so you can bring a copy and follow along!

CPNP: College of Psychiatric and Neurologic Pharmacists

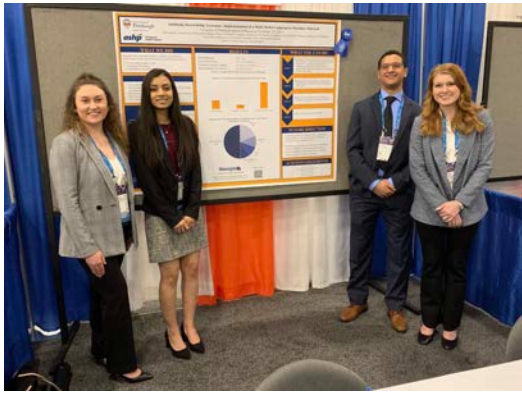
Casey Gudenburr (P2), Secretary and Membership Chair

As we begin a new semester, the members of CPNP have been excited to pick back up with our scheduled presentations and events. In preparation, the executive board of CPNP has been working to finalize the semester events. At the first e-board meeting, the event dates were confirmed and specific planning then ensued.

Some of our upcoming semester events include a Psychiatric Pharmacist and Resident Round Table, a Question Panel with a Patient affected by Schizoaffective Disorder, and an Alzheimer's/Dementia event. The latter event will take place as a partnership with ASCP, where both organizations will work together to plan and host the event. In addition to our scheduled events, CPNP will be selling green ribbon white coat pins and a variety of stickers. The stickers include a Pitt Pharmacy design, a serotonin molecule design, and a semicolon design. The aim of this sale is to provide members of the Pitt Pharmacy community with the opportunity to represent both CPNP and general mental health awareness.

In January, CPNP began work on determining a group of members to attend CPNP Annual, a national conference that takes place at the end of April. Held in Dallas, this conference will be a wonderful way for members to learn about developments occurring in psychiatric pharmacy. A few members of the CPNP executive board have applied to present at the conference, while others will be attending to gather ideas for next year's events; stay tuned for updates on the conference!

Also this month, CPNP held an officer election information session at our first GBM. As officer elections were held, the current executive board is prepared to review its work from the past year and develop a strong transition program so that the incoming officers can develop CPNP into an even greater organization. Overall, we are looking forward to a great semester and a bright future for the chapter!



SSHP: Student Society of Health System Pharmacy

Nikitha Yagnala (P3), Internal Career Development Chair

Pictured on the left: Professional Project Chair Niti Patel, Antimicrobial Stewardship project co-leader Mohamed Kashkoush, and President-Elect Roisin Sabol present their award-winning poster at the Student Society Showcase at the 2019 ASHP Midyear in Las Vegas.

Welcome back! The past few months have been extremely busy for SSHP, and we are excited to announce plenty of events in the new year, too! Our Pitt SSHP Chapter and the School of Pharmacy were well represented at the ASHP Midyear Clinical Meeting held in Las Vegas, Nevada this past December. Almost 70 Pitt students attended the largest pharmacy conference in the world, and our school had over 50 student poster presentations! A few highlights from the conference include the Residency Showcase, the various Poster Presentations, the Drug Exposition, and the inspiring Keynote Speech from Condoleezza Rice. Our chapter had also won the ‘Outstanding Professional Development Award’ for the incredible work done by our Antimicrobial Stewardship leaders and professional project chairs! Finally, our very own Allie Taylor (P4) and Jenna Ingram (P4) competed against teams from over 130 other pharmacy schools during the ASHP Clinical Skills Competition and did a phenomenal job of representing our school! We congratulate them on a job well done, and we are so proud of all the students who traveled to Las Vegas and promoted the profession of pharmacy and Pittsburgh.

February is going to be a busy month for our SSHP Chapter. We will be holding our elections for our executive board on February 11 in Salk 402 during lunch. Our elected positions include President Elect, Vice President, Business Manager, and Secretary. Our appointed positions include External Career Development, Internal Career Development, Project Chair Elect, Fundraising, and Dean’s Theme.

Finally, on February 13, the Fit Pharmacist will be coming to speak to us, as a part of our Wellness & Resiliency initiative! The Fit Pharmacist has an incredible mindset and outlook to promote living a healthy and fulfilling professional life, and we are so excited to have him speak to our chapter! Later in the semester, we will be organizing various exciting events for PAI Week, which is a week dedicated to raising awareness about the Practice Advancement Initiative as we promote the profession and services that pharmacists can provide.

SIO: Student Industry Organization

Taylor Laffey (P2), Vice President of Communications

Welcome back and happy 2020! We have a lot going on this semester that we are excited to announce. First, we are proud to share that our website is now up and running at www.studentindustryorg.com! Check it out to gain access to useful resources, get information on APPE rotations, and check out summer internships!

At the end of January, we had Dr. David Boulton, PharmD, PhD, from AstraZeneca speak with us about his PK/PD research for the company. He not only outlined his own role, but he also taught us about potential roles within industry for PharmDs and those interested in fellowships or PhDs.

You can find more information about any of our events on our Facebook page “Student Industry Organization” by searching SIOpitt and on our Instagram (@SIOpitt). Feel free to send us an email at studentindustryorg@gmail.com if you have any questions or ideas!

ASCP: American Association of Consulting Pharmacy

Alecia Zika (P2), Secretary

Welcome back, Pitt Panthers! ASCP is excited for the upcoming semester, and we look forward to all of the events we have planned!

ASCP kicked off the spring semester with our annual health fair for Pitt's MLK day of service. This year we were at Longwood Retirement Community and were able to talk with over 90 local seniors about a variety of topics including medication adherence, fall prevention, self-care, heart disease, and much more! The event was a great success and we were grateful to have such a positive impact on the community.

In addition to MLK day of service, ASCP continued the tradition of making and distributing fidget blankets for local seniors with dementia. The fidget blankets were hand made by students in late January and will be distributed sometime in February. Fidget blankets work by engaging the tactile, visual, and acoustic senses of patients living with dementia. They also provide sensory stimuli that results in positive behavioral outcomes for these individuals. This is a fun project that we enjoy doing every year and we thank everyone that donated items for the blankets and helped make them.

Our next GBM will be on February 11 in Salk 524 at lunchtime. As always, anyone interested in joining the organization can reach out to us via email (pittascp@gmail.com) or follow us on social media! Like us on Facebook (American Society of Consultant Pharmacists – Pitt Chapter) and follow us on Instagram (@ascp_pitt) to stay up to date on all things ASCP!



Pictured above: Student pharmacists in ASCP at Longwood Retirement Community participating in this year's health fair.

CPFI: Christian Pharmacists Fellowship International

Valerie Wan (P3), President

Christian Pharmacist Fellowship International (CPFI) is an international ministry of individuals working in all areas of pharmaceutical service and practice. The mission of CPFI is to serve Christ and the world through pharmacy. Our goal as an organization is to use the opportunities we have as student pharmacists to reach our communities and grow together as we strive to integrate faith into practice.

CPFI has been connecting with the Christian Medical and Dental Association (CMDA) and we continue to join them for weekly devotionals and monthly social events. Our meetings this semester will be every Monday at noon in Salk 417A! This month, we are beginning our partnership with Youth With A Mission (YWAM) and their Kids club program for our Dean's Theme. We will be going on two Saturdays: February 22 and April 4. Be on the lookout for more info on these events! As always, if you're free on Mondays at lunch, please stop by! Pharmacy school can make life a little crazy, but we encourage new students and current members to attend whenever you can. Don't forget to find us on Facebook and Instagram @cpfipitt.

PPA: Pennsylvania Pharmacists Association

Emily Dell (P3), Communications Ambassador

Another exciting event happening this semester is the APhA Annual Meeting! This year the meeting will be held in National Harbor, MD from March 22-25. It is a great way to network, grow professionally, and connect with fellow student pharmacists. Registration for Annual through the school closes on February 21. We look forward to seeing you there!

We hope that everyone has had a good start to the spring semester! Pitt PPA is already off to a great start, and we have much more planned for the rest of the year. On January 13, we held a Policy and Pints Trivia Night at the Thirsty Scholar. All proceeds from this event went towards the current Pharmacy Advocacy efforts taking place in Pennsylvania.

Our Midyear Conference took place at the Harrisburg Hilton from January 24 to 26. More information will be posted in the next *Pitt Capsule* issue to talk about what we did at the conference. Before heading to Harrisburg, we held an OTC competition here at Pitt where teams of three students competed in a Jeopardy-style game to see who would represent us at the conference.

Looking into the future, we have a lot of great plans in the works. A mixer for students from Pitt and Duquesne is being planned for later in the semester; all student pharmacists are welcome to attend, and more details are to come! If you are not already a member of PPA, please consider joining! There are several opportunities to look out for in the next few months.

PLS: Phi Lambda Sigma

Nikitha Yagnala (P3), Secretary

PLS had an incredibly busy and exciting start to the new year! Interviews for the P1, P2, and P3 students were held in January - thank you to everyone who applied! We were extremely impressed by the dedication and commitment to leadership that all our applicants have shown. Invitations to our new members will be distributed in February, and the PLS/Rho Chi Induction Ceremony will be held on Tuesday, March 31. We are so excited to welcome and induct our new members into PLS!

The Annual PLS Charity Auction was held on January 30 at the Wyndham Hotel in Oakland, and it was an enormous success! This year, we have also been able to host a silent auction in Salk on the days leading up to the event, allowing professors to bid

on all the incredible items that our student organizations have donated. We were also proud to launch the first ever PLS Auction Engage Pitt page, which allowed our friends and family members from across the nation to donate to the Grace Lamsam Pharmacy Program and share our efforts virtually. Special thank you to our auction co-chair Mackenzie Minogue for setting up this amazing page and taking our auction to new heights to help us go beyond our donation goals! PLS wants to thank everyone for their generous donations and continuous support with our Engage Pitt page; we hope you all had a great time at the auction!



Pictured above: P2 and P3 Pitt PLS Members of the 2019-2020 school year.

Looking ahead, PLS will be hosting three leadership workshops on running an effective meeting, perfecting interviewing skills, and maintaining a positive work/life balance. Keep on the lookout for more information about these workshops in the weeks to come!

Rho Chi

Kristina Murray (P3), Historian

Rho Chi has been busy over the past semester, and we are looking forward to a productive spring! Last fall, the members of Rho Chi have been working on a chapter project aimed to connect current members of Rho Chi with alumni members. We were able to contact 35 alumni who expressed interest in connecting with students for precepting and shadowing, residency and fellowship guidance, mock interviews, and CV reviews. The chapter is excited to stay in touch with alumni members and are looking forward to uniting current and past members.

In addition to connecting with alumni, the members of Rho Chi are looking forward to inviting members from the P2 class to join the Society this semester. We are excited for our chapter to grow with the new addition to Alpha Omicron chapter of Rho Chi.

This spring we will be continuing the ARC Health Talks at the Salvation Army Adult Rehabilitation Center in Southside. You do not have to be a member of Rho Chi to attend these events and they are IPPE approved. The dates are outlined here if you are interested in getting experience interacting with a unique patient population.

Last semester Rho Chi held a successful Professors, Posters, and Progress event, where students were able to talk with 20 faculty members about their own research. Over 75 students attended the event. This semester, Rho Chi and SCCP are excited for the Students, Special Topics, and Scholarly Work event in March. Be on the lookout for an invite coming soon!

As always, members of Rho Chi will be planning review sessions for P1 and P2 students. If you are seeking additional help, reach out to the course coordinator or a member of Rho Chi so we can help you succeed.



Kappa Psi

Sneha Gaitonde (P3), Corresponding Secretary

Pictured on the right: Two of our Brothers at Ski Trip overlooking the lake behind our lodge.

Welcome to a new semester of pharmacy! We hope everyone had a fun and restful break. Kappa Psi has had a busy January, and we're gearing up for an eventful February, too! At the beginning of January, Kappa Psi initiated its new class of Brothers – a group that we're extremely proud to call our own. The initiation ceremony was visited by the regional head of the fraternity and a member of the national board. The month also rounded out with our annual ski trip to Deep Creek, MD, when the whole crowd went down to have some brotherly bonding and experience the great outdoors. It was a delightful time for our older Brothers and new initiates to have some time away from work.

This February, we have a lot more lined up! The annual Black and White semi-formal will be held later this month at the Kappa Psi House with fun to be had by Brothers and their guests. Also coming up on February 20 are the Kappa Psi Chapter elections, meaning that in March, there will be a new executive board leading our way! Among the positions we will be voting for is Province Delegate, who will represent our chapter at the Province Assembly regional meeting in early March. They will be the ones voting on issues that affect the chapter and the regional governing of the fraternity.



Pictured above: Our brothers volunteer for this year's MLK Day of Service.

PDC: Phi Delta Chi

Tommy Rust (P2), Worthy Keeper of Records and Seals

Hello all! It has been quite a while since our last article in the *Pitt Capsule*. But I assure you that during this time, the Raiders have been up to some pretty amazing things. We've had some volunteering, brotherly bonding, and fundraising events, and we're excited to tell you all about them.

We want to extend our biggest congratulations to our newly initiated members. We're so excited to have you on board so you can participate in our shenanigans and camaraderie. With our new brothers in tow, we were able to accomplish some new feats including our successful Chipotle fundraiser and St. Jude's fundraiser.

We had many brothers volunteer in the MLK day of service this past month and we had a blast doing so. We were able to educate some of the elderly population about their health and take some blood pressures while we were there. The brothers were still able to bond over this past month even with all we've been doing. We all got together to watch the Pitt vs. UNC basketball game earlier in the semester and got to go to some bodacious restaurants for restaurant week. In addition, we have some alumni events coming up and more fun events together with LKS.



It is still early in the semester, but the brothers of PDC have been keeping busy. There are many more events to come this semester, so keep on the lookout for the greatness to come!

Pictured on the left: The new brothers and worthy board of PDC at their first informal meeting of the semester.

LKS: Lambda Kappa Sigma

Britney Stottlemeyer (P3), Corresponding Secretary

Welcome back to school, everyone! Hope everyone had a great break and is rejuvenated to tackle the new semester. Since we last heard from each other, our sisters celebrated the season and the end of last semester with our sisterhood holiday dinner at Buca di Beppo. Many of our sisters also attended ASHP's Midyear Clinical Meeting and Exhibition before break to network with residency and fellowship programs, in addition to highlighting all the research our sisters have been involved in. Shout out to all those who attended!

In January, we held our 8th annual Dr. Salk Hall talent competition in which we raised money for our philanthropy, Project HOPE. Fingers crossed we crushed our goal once more this year. Stay tuned to find out how much we raised! Major props to Karlee Deibler and Casey Holliday for their hard work planning this event!

Be on the lookout for incoming fundraiser order arriving this semester including Pittsburgh popcorn and Yankee Candles! As always, follow us on Facebook (@pittLKS) and on Instagram (@LKSDeltachapter) to stay up to date on all our events!

SSCP: Student Society of Cannabis Pharmacists

David Katz (P3), President and Founder

The first and only pharmacy school organization on the subject of cannabis. We are the first student chapter of ISCPH (International Society of Cannabis Pharmacists)!

Your educational resources on cannabis can be found at: [Instagram \(@sscp_pitt\)](#) or [Facebook](#).

Cannabis is used by 1 in 9 people annually in the US. Historically, cannabinoid drug interactions have been chronically ignored and underreported. This has led to suboptimal patient care & patient-provider relationships. To correct this, healthcare providers must act now to understand the therapeutic properties of cannabis and cannabis-derived compounds.

Our Mission: Unifying the pharmacy profession on the subject of cannabis in support of public health.

What do you gain in membership?

- Discover the largest receptor system in our bodies, the endocannabinoid system
- Learn the necessary information to design and implement proper treatment involving cannabis
- Gain full access to online professional events (patient case support series, insidetheCanna Industry, archived videos of CE events, and journal club)

Want to be on our email list or learn more? Contact David Katz at dsk30@pitt.edu. Follow us on [Facebook](#) (Student Society of Cannabis Pharmacists at the University of Pittsburgh) or learn through [Instagram \(@sscp_pitt\)](#).

Acknowledgements

Editor-in-Chief

Ashley Yao

Publication Chair

Cathy Dziuba

Publication Committee

Elizabeth Donnelly

Authors

Alecia Zika	Kristina Murray
Britney Stottlemyer	Lisa Cahill
Casey Gudenburr	Nikitha Yagnala
Danielle Weaver	Sneha Gaitonde
David Katz	Taylor Laffey
Emily Dell	Tommy Rust
Hager Mohamedein	Valerie Wan