University of Pittsburgh School of Pharmacy Volume 20 • Issue 1

The Pitt Capsule

2019 Orientation Edition

Welcome and congratulations, Class of 2023!

The APhA-ASP Publication Committee publishes the *Pitt Capsule*, a monthly and school-wide newsletter, to inform you about our professional organizations and upcoming events within the School of Pharmacy. Stay tuned for October's edition!

Each organization offers a multitude of opportunities for each of our student pharmacists, so be sure to check them out and see what captures your interest. There will be several opportunities to meet organization members, such as during orientation and General Body Meetings (GBMs). Be sure to stop by the Back-to-School Picnic on Tuesday, August 27!

Most importantly, enjoy your first year of pharmacy school and we look forward to meeting you!

Ashley Yao (P3)
The *Pitt Capsule* Editor-in-Chief
APhA-ASP Communications VP

Cathy Dzuiba (P3)
APhA-ASP Publication Chair

PittPharmacy
Excellence Innovation Leadership

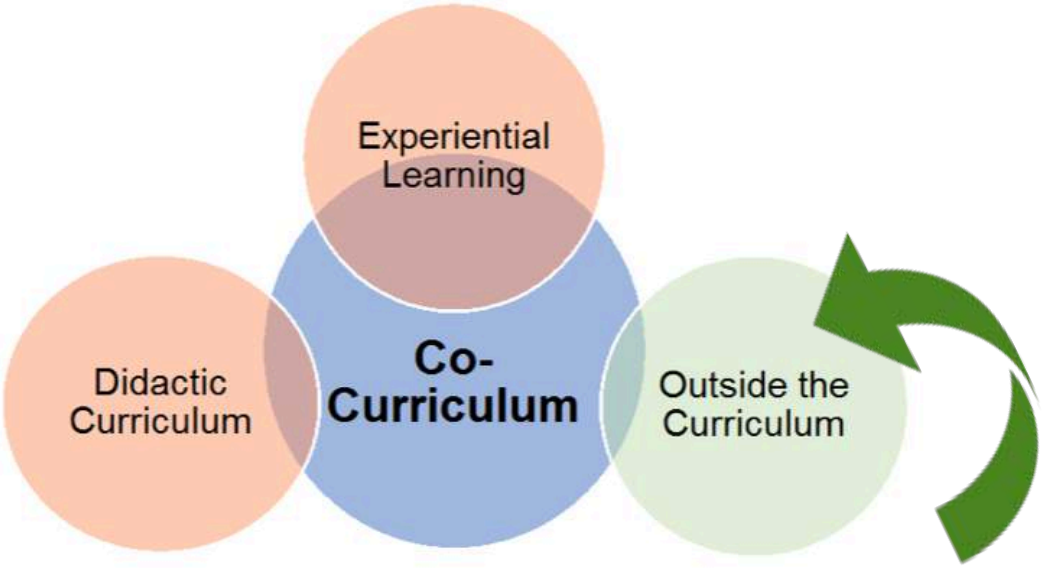
Featured Organizations

Introducing PrimeRx
APhA-ASP
SSHP
SIO
PPA
ASCP
CPNP
PPIP
Rho Chi
PLS
Kappa Psi
LKS
PDC
CPFI
SCCP

Introducing PrimeRx: Pitt Pharmacy's Co-Curriculum

Nikitha Yagnala (P3), P3 Representative, PrimeRx Co-Curriculum Committee

PrimeRx is the platform that is used to maintain and track Pitt Pharmacy's co-curriculum events and activities.



Pitt Pharmacy has over 15 student organizations "Outside the Curriculum" that you can get involved with, each offering incredible events, workshops, and projects throughout the semester to help you learn about the profession of pharmacy and further develop your professional skills. Getting involved early in the organizations that spark your interest is highly recommended, as you will gain new perspectives, grow as a student pharmacist, and advance your leadership and patient care abilities, and PrimeRx can help you with that!

This year, P1s are required to attend and track their co-curriculum activities and events, using the PrimeRx web app, while P2s and P3s are encouraged to do the same. Many events that each organization hosts for their members (excluding GBM's) will be PrimeRx **sponsored** or **pre-approved** activities.

PrimeRx **sponsored** events are major guest speaker events or workshops that are typically co-hosted by multiple organizations and are open to all students. You can easily track your attendance by scanning the QR code provided at the end of each event to get co-curriculum credit. The PrimeRx-sponsored events will serve as phenomenal professional development opportunities for students in all classes!

PrimerRx **pre-approved** activities will be available for students to review in a catalog posted on the student porxtal and available as drop-down menu items in the PrimeRx web app. P1s should stay tuned for more information from their PLS Mentors for more details on getting co-curriculum credit for these activities and events.

Recollecting your co-curricular participation will remain key for post-graduation jobs, residency, or fellowship interviews. Maintaining a quantitative record of the events and workshops you choose to get involved with on the PrimeRx platform will not only help you help you build your professional development story as a student pharmacist, but it was also help you gain great opportunities through these connections as you move through pharmacy school!

APhA-ASP: American Pharmacists Association Academy of Student Pharmacists

Danielle Weaver (P3), Membership VP

To all the P1s, welcome to Pitt Pharmacy! We're thrilled you decided to join our community here at Pitt and look forward to meeting you all as the year goes on. To returning students, welcome back! Hope you all enjoyed the summer break and are ready for another exciting year. The American Pharmacists Association Academy of Student Pharmacists (APhA-ASP) is kicking off the Fall semester with the annual Back-to-School Picnic, which will be held on Tuesday, August 27 at the Vietnam Veteran's Pavilion in Schenley Park from 6:30-9 PM. The picnic is a great opportunity for students to learn more about the different pharmacy organizations, connect with other students, and enjoy some great food!

APhA-ASP is the umbrella organization within the School of Pharmacy that provides numerous ways to get involved with a wide-variety of committees and projects. Some of the committees you could get involved with include: Patient Care, Policy and Advocacy, Membership, Inter-professional, Professional Development, Media/Communications, and International (IPSF). Within Patient Care, students have the opportunity to engage the community through various patient initiatives, such as Generation Rx, Operation Heart, Operation Diabetes, Operation Immunization, OTC Medicine Safety, and Women's Health. Last year, Pitt Pharmacy was chosen as the first runner-up of the 2017-2018 OTC Medicine Safety National Award and the 2017-2018 APhA-ASP Region 2 Generation Rx Regional Award. We are incredibly proud of all the hard work students put in to make these accomplishments possible, and we are excited for what we can accomplish together this coming year!

In addition to offering opportunities to engage in countless projects, involvement in APhA-ASP also gives students the chance to attend both regional and national conferences. These conferences offer invaluable networking opportunities and are a lot of fun! This year, the Mid-Year Regional Meeting will be in October in Philadelphia and the annual meeting will be in March in National Harbor, Maryland. APhA-ASP is focused on providing our members with various opportunities to get involved as emerging professionals, to grow as student pharmacists, to network, and to have fun! We'd love to have you join and invite you to learn more about our organization at our first General Body Meeting on Wednesday, August 28 at 12 PM in Salk 402. We hope to see you then, and we are looking forward to an exciting year!

Pictured on the right: Students mingle and learn more about Pitt Pharmacy organizations at the Back-to-School Picnic last year.

Back-to-School Picnic 2019

When: Tuesday, August 27
Where: Vietnam Veteran's Pavilion in Schenley Park
Time: 6:30-9 PM

SSHP: Student Society of Health System Pharmacy

Nikitha Yagnala (P3), Internal Career Development Chair

Pictured above: SSHP Members at the Organ Donation Professional Project Event.

Are you curious about what exactly you can do with your PharmD? The Student Society of Health System Pharmacists (SSHP) is one of the largest organizations in the School of Pharmacy, and we aim to help students explore the various roles we can obtain within the health system sector of pharmacy. Ranging from Critical Care, to Ambulatory Care, to Pharmacy Informatics, our future career opportunities as pharmacists simply keep growing by the year! Being a member of this organization is a fantastic way to learn about what these careers entail, the path of obtaining a health systems career, and how to best prepare yourself for postgraduate residency training.

SSHP shares the values of ASHP, the American Society of Health System Pharmacists. This organization is responsible for accrediting postgraduate residency programs across the country and hosts the largest gathering of pharmacists in the entire world called the Midyear Clinical Meeting. This year, the meeting will be in Las Vegas, Nevada!

SSHP strives to assist our members in their journey to obtaining a postgraduate health systems career through providing CV and resume review services, hosting guest speakers from renowned health system institutions, and planning special workshops to develop our professional skills. One of our biggest events of the year is called Residency 101 gives you a chance to hear from a residency director about what a residency is, why we should consider completing one, and how the entire process works.

SSHP provides many exciting opportunities for students to get involved! The clinical skills competition puts your knowledge to the test, where you work up a clinical case and defend your plan against a panel of judges. SSHP also offers various professional projects to help make an impact on our community and on campus. This year, you can get involved with projects with areas of interest such as Antibiotic Stewardship Awareness, Contraception, Organ Donation, Men's Health, and Poison Prevention.

Come check us out at the Back-to-School Picnic to learn more about SSHP's events and 5 professional projects that you can pursue with us! The first SSHP general body meeting will be on Tuesday, September 3 at 12 PM, where you can learn more about our organization and ways to get involved.

Pictured on the right: 2018-2019 SSHP President, Caylee Sams (P4), at the 2017 ASHP Midyear Conference in Orlando, Florida.

SIO: Student Industry Organization

Taylor Laffey (P2), Vice President of Communications

The members of SIO would like to congratulate and welcome the incoming P1s to Pitt Pharmacy! The purpose of SIO is to help students build awareness of the opportunities for pharmacists in the pharmaceutical industry, to help students locate and apply for industry internship and fellowship opportunities, and to provide a connection between alumni and students in the field. The range of career options a pharmacist has in the pharmaceutical industry is vast; roles can vary from working in drug development, to analytics and data mining, to drug safety and quality control, to even more traditional, business-oriented responsibilities like marketing and sales.

SIO was founded by students for students, and our mission to help our members explore different types of pharmaceutical industry careers while still in pharmacy school is achieved in many ways. We host professional networking events, Q&A panels with industry leaders and professionals, go on field trips, and more! Our annual Pharmaceutical Industry Symposium is our biggest event, which hosts distinguished speakers from various drug companies, fellowship programs, and Pitt Pharmacy alumni for our members to interact and network with. Our guests talk about their journeys to their current positions and share their knowledge with our members, which makes for a valuable and fun experience for everyone.

We invite anyone who is interested in learning more about industry or our organization to like our Facebook page "Student Industry Organization" by searching @SIOpitt and to follow our Instagram for updates and more information! Be sure to stop by our table at the Back-to-School Picnic to learn even more about SIO opportunities. If you can't make the picnic, no worries! Our first general body meeting will be held September 4 at 12 PM, so feel free to stop by then! Stay tuned on our social media for events and updates, we're looking forward to meeting you!

PPA: Pennsylvania Pharmacists Association

Emily Dell (P3), Communications Ambassador

Hello everyone! Welcome back to some and welcome for the first time to incoming P1 students. The Pitt Chapter of the Pennsylvania Pharmacists Association (PPA) is excited about some of the events that we have coming up this school year. As the leading voice of pharmacy, the mission of this organization is to "promote the profession through advocacy, education, and communication to enhance patient care and public health." Over the summer, some of the current members of PPA had the chance to go to the leadership retreat on July 8 and 9 at Toftrees Resort in State College, PA. During this event, members of the board of PPA from Pitt met with students from other schools to talk about details for conferences and the upcoming year. Look for more flyers coming out soon with information about PPA and fun opportunities for students.

During the school year, members of PPA have the opportunity to attend the Annual and Mid-Year conferences that take place in different parts of the state. This year, the Annual Conference will be held September 19-22 at the Seven Springs Mountain Resort in Champion, PA, which is only about 1 hour away from Pittsburgh! This conference will be a great opportunity to network with pharmacists and pharmacy students from across the state, as well as learn about topics like immunizations, research, and diabetes. The Mid-Year Conference will be taking place later in the school year, so keep an eye out for more information about attending.

If you are interested in pharmacy policy or you would like to join an organization dedicated to the advancement of your future profession, we would love to meet you. Becoming a member is easy, and you can remain a member of the organization after completing pharmacy school and beginning your career. If you would like to learn more about PPA and what we are doing this year, please come to our first general body meeting on Thursday, August 29 at 12 PM. See you there!

ASCP: American Association of Consulting Pharmacy

Alecia Zika (P2), Secretary

Pictured above: Members of ASCP display sensory blankets they made for seniors living with dementia.

ASCP hopes everyone had a wonderful summer and is excited for the coming year! We are super excited to welcome back our members, and we hope to welcome more in the coming weeks. ASCP, or the American Association of Consulting Pharmacy, is an organization that is focused on bettering the health outcomes of older adults by ensuring that they take medications safely and appropriately. As we all grow in our knowledge of pharmacy, it becomes very evident just how important this responsibility is. As a chapter, we actively expand our knowledge in this area of pharmacy and learn more about potential careers by bringing in guest speakers to speak with our members. Additionally, our organization annually participates in the Walk to End Alzheimer's. Students also have the opportunity to volunteer at local nursing homes and complete fun activities (last year we made fidget blankets!) for residents who are affected by dementia. The experiences offered are incredibly rewarding for any student, not just those interested in geriatrics.

Pictured below: Members participate in MLK Day Health Fair at Longwood senior living community.

Our first GBM meeting will be in September, so be on the lookout for postings about where and when that will take place. We really are looking forward to another fun and successful year, and we would love it for you to be a part of it! If you would like to learn more or have any questions, please feel free to reach out to myself (aleciazika@gmail.com) or our organization's email address at pittascp@gmail.com. ASCP hopes everyone has a fun and successful fall semester!

AMCP: Academy of Managed Care Pharmacy

Vince Piro (P3), Director of Communications

Well, after a long summer, AMCP is back and ready for action. Last year, we held many amazing events like the annual P&T Competition, a residency panel with managed care residents from many of the local health plans, and several webinars hosted by some of the leaders in the pharmaceutical industry. This year we hope to build on our past successes and be better than ever!

This year, we plan on having educational meetings to instruct on how formulary decisions are made, how monographs are written, and how to determine the value of high-priced drugs. Our big events will include the annual P&T Competition (drug still to be revealed), a residency and rotation showcase featuring representatives from UPMC Health Plan, Highmark, United Healthcare, and possibly others, as well as webinars lead by industry leaders. The first webinar is already scheduled for September 25 with Genentech talking about precision medicine. Once the drug for the P&T Competition is chosen, we hope to invite an expert in the disease state to teach us a little more about the condition and the current treatment landscape.

We want to bring more attention and notice to the managed care aspect of pharmacy this year, so if you are at all interested in learning what managed care is, learn about new therapies coming to market, or how to look at the big picture of healthcare spending, be sure to check us out at the Back-to-School Picnic on August 27! See you then!

CPNP: College of Psychiatric and Neurologic Pharmacists

Casey Gudenburr (P2), Secretary and Membership Chair

CPNP has been incredibly active this past year and already has plans to be just as lively this coming year. Last April, our organization hosted an event to recognize Autism Awareness Month. The event's speaker highlighted services available to patients with autism, including treatments involving service animals, whom he brought along. Our focus on Autism Awareness illuminated how personally tailored treatments can be incredibly helpful for individuals with autism. In May, CPNP also hosted a presentation on naloxone at Harbor Light. This event helped CPNP members gain a deeper understanding of how to safely administer naloxone, alongside its importance in emergency situations relating to opioid overdoses.

As the school year approaches, CPNP plans to host a myriad of appealing and educationally valuable events. Among them include our intended suicide prevention event, which we plan to host in September. In October, our annual NAMI Walk will be held on the 6th of the month. In support of a larger event, our chapter will be collaborating with the Duquesne University School of Pharmacy chapter of CPNP. CPNP's October will happily be very busy, as we also look to host events highlighting the importance of stress and anxiety care, as well as continue our invaluable training in the importance of understanding naloxone in the modern public health climate. In November, we are aiming to host a WPIC Resident Panel where students can come to learn more about psychiatric pharmacy from WPIC residents, themselves. Additionally, the Pittsburgh Schizophrenia Conference will be held in November, and a discounted entrance price will be available for students who want to attend the event. Lastly, CPNP will be busy preparing care packages to be sent to students before finals week. Care packages may be purchased throughout the semester for delivery in mid-December. More information about these care packages will be available in the upcoming weeks, as they are always a huge hit!

All in all, this upcoming fall semester will be full of awesome events hosted by CPNP. Our first club information session will be hosted on September 11. We look forward to seeing all of our members there - if interested, please be sure to come by!

Pictured on the left: Speaker David Work discusses the mental health implications of autism, medications used to manage autism, and the overall importance of autism awareness.

Pictured above: PPIP executive board.

PPIP: Pittsburgh Pharmacy Investment Portfolio

Annalisa Nguyen (P3), Director of Communications

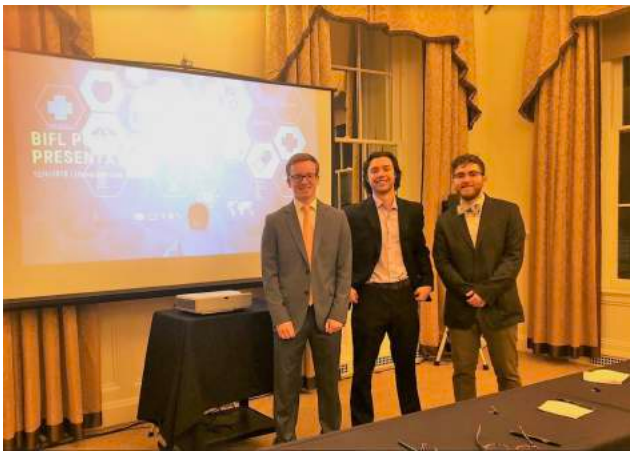
Pittsburgh Pharmacy Investment Portfolio welcomes back current members and students interested in the organization! PPIP was started by Pitt Pharmacy alumni just a few years ago and is the first of its kind across the nation. Pittsburgh Pharmacy Investment Portfolio and Biotech Investment Fantasy League give you an opportunity to learn about the pharmaceutical industry beyond the classroom and set yourself apart from the typical pharmacy student.

In the fall semester, members compete against each other in the Biotech Investment Fantasy League by investing in pharmacy-related companies in search of the highest profits. The semester-long competition culminates with a showcase that pits the top finishers against each other in a presentation judged by faculty with experience and prestige in the pharmaceutical industry.

In the spring semester, PPIP uses the skills and research from the fall and turns their focus to the organization's portfolio. This process includes evaluating our current holdings and exploring new ones through due diligence. The year concludes with members presenting their due diligence on select companies and club members voting on how to alter the current portfolio through sales and acquisitions.

After just two semesters of being in PPIP, members gain:

- A deeper insight into the drug approval process
- Ability to comprehensively evaluate companies based on clinical, societal, and economic factors
- Great conversation topics for residency/fellowship interviews
- Free access to expensive stock market analyses/websites
- Professional presentation skills
- Networking opportunities with established industry members



Whether you are interested in community, hospital, or industry, PPIP gives you a broader understanding of how the drug development process works and how it will affect your future career. Check out our website, www.pharmacyportfolio.com for more information or to see our portfolio! Stop by our first meeting, even if you're only slightly interested!

Pictured on the right: BIFL's top 3 finishers last year.

Rho Chi

Kristina Murray (P3), Historian

The members of Rho Chi hope everyone had a relaxing summer– It's hard to believe that school is about to be in full swing yet again! To the class of 2023, congratulations on your accomplishments thus far and best of luck to you all during your first professional year of pharmacy school!

The Rho Chi Society, Pharmacy's academic honor society, encourages and recognizes excellence in intellectual achievement. This past spring, 23 students from the class of 2021 were welcomed into the Rho Chi Society. Students are invited to be a part of the Rho Chi Society by being in the top 20% of their class after their second professional year of pharmacy school.

Rho Chi is centered around academic achievement and advancement. To help all students excel in pharmacy school, members of Rho Chi hold exam review sessions for P1 and P2 students. If you are struggling to grasp a new topic, are interested in refreshing material, or want to practice sample questions, these exam review sessions are for you! Members of Rho Chi also offer one-on-one tutoring for students seeking additional support. Be on the lookout for announcements of these sessions throughout the Fall and Spring term.

The members of Rho Chi are also out in the community presenting monthly health talks at the Salvation Army Adult Rehabilitation Center in the Southside. Rho Chi's Health Talks are a great way to advance your ability to educate community members and prepare for your future as a pharmacist.

Pictured above: Members of Rho Chi society from the Class of 2021.

Rho Chi presents an array of academic pursuits for all students throughout the semester. In conjunction with Phi Lambda Sigma (PLS), Rho Chi will be hosting the Young Professionals Lecture on September 23. Rho Chi also organizes the Annual Koch Memorial Lecture in the Spring. We hope to see you all there!

Rho Chi showcases the work that both students and professors are completing on campus. The Posters, Professors, and Progress event is a roundtable discussion in which students can learn about professors' research. Our Students, Special Topics, and Scholarly Work event, hosted with The Student College of Clinical Pharmacy (SCCP), allows students to learn about the projects their peers are working on. Both these events afford the opportunity to collaborate with those with similar interests.

This year, the members of Rho Chi are looking forward to continuing our academic success and create new opportunities to help others succeed. If you have any questions about the organization, course material, or need guidance, please reach out to a member of Rho Chi! Best of luck to everyone this year!

PLS: Phi Lambda Sigma

Nikitha Yagnala (P3), Secretary

Welcome, Class of 2023! Phi Lambda Sigma (PLS) is a national pharmacy leadership society that recognizes leaders within the field of pharmacy and serves to foster leadership development. PLS members are chosen through peer recognition after submitting an application that becomes available in November of each year. Many of you may have already met some of our members who have worked extremely hard to set up the PLS mentor presentation at orientation. Your PLS mentors will serve as an incredible resource for you as your start your journey through pharmacy school!

Pictured above: At the 2019 PLS Auction, Dr. Drab auctions off an event to excited students and faculty members!

Along with our peer mentoring program, PLS collaborates with various organizations in the School of Pharmacy to host leadership development events. PLS and Rho Chi partner to host an annual lunchtime lecture that helps teach students to stand out and advance in their profession through leadership. In addition, PLS and APhA-ASP host fall and spring semester leadership retreats, which bring student pharmacists from every class and organization together to collaborate and brainstorm Dean's Theme projects for the upcoming semester. These events allow students to seek out leadership opportunities and learn how to work together as a team, to execute incredible projects to optimize the level of patient care we provide to our community!

One of the most popular events PLS hosts every year is the PLS Auction, taking place early in the spring semester during Pharmacy Week. The auction benefits the Grace Lamsam Fund, which provides pharmacy services at the Birmingham Free Clinic in South Side. The auction allows students and faculty to bid on incredible items and fun experiences like dinner with the dean, brewery tours, game nights, and karaoke with our very own professors & faculty members! Every year, PLS donates an outing to a Pittsburgh Pirates baseball game in May for six faculty members and their families along with PLS members.

PLS looks forward to meeting all of you at the upcoming Back-to-School Picnic and at our upcoming events! We hope to inspire you to step up and get involved in the organizations that best spark your interest. Remember to consider applying for PLS membership in November!

Pictured on the right: Students collaborate with their peers on Dean's Theme projects ideas during the 2019 PLS and APhA-ASP Spring Leadership Retreat.

Kappa Psi

Sneha Gaitonde (P3), Corresponding Secretary

A warm welcome and welcome back to Pitt Pharmacy, everyone! Kappa Psi is a co-ed organization that has the distinction of being the oldest and largest professional pharmacy fraternity internationally! We strive to create opportunities for our members to develop as health care providers and as people, promoting academic and professional success while creating meaningful connections.

Kappa Psi takes part in many events throughout the year through partnerships with Relay for Life and Family House, where we prepare meals for the families of those who are hospitalized for longer periods of time. Our current national philanthropy project is Reach Out and Read, an organization devoted to the promotion of early childhood literacy. Through this partnership, we were able to hold a children's event at the public library and distribute books to low income families. Later in the year, we also do an annual event called "Pies with Kappa Psi," where we pie each other to raise money for charity. Kappa Psi's patient care initiatives revolve around each year's Dean's Theme. This last year, we had events about antibiotic use awareness teaching people about the differences between diseases that can be treated with antibiotics and those that cannot. We also took part in the Healthy U Fair to educate about the differences between colds and the flu and suggest OTC recommendations for both!

Pictured above: The Kappa Psi Brothers outside the fraternity house in South Oakland during their graduating Brother send-off.

We also know how to have fun, with events that encourage bonding with our Brothers. Kappa Psi hosts a yearly "Bros-Giving" for Brothers who remain in the city for Thanksgiving break, a Christmas Party (with a cameo by the real Santa Claus), a ski trip to Maryland, a winter semi-formal, and a spring formal. We also host a Pirates Tailgate at the end of each year, where current collegiate Brothers can connect with alumni.

Kappa Psi's many chapters across the country, Canada, and the Bahamas, also hold regional and international meetings. These are an amazing way to connect with alumni, network, and to gain a better awareness of the field of pharmacy on a national stage, as well as an excuse to travel.

Come say hello to our Brothers at the Back-to-School Picnic! You can also check us out on Facebook (@KappaPsiBetaKappa) and Instagram (@kappapsi_betakappa) for updates on our rush events and what our chapter is up to throughout the year. If you have any questions, feel free to reach out to me at sng30@pitt.edu or ask any of our Brothers! We look forward to meeting you!

LKS: Lambda Kappa Sigma

Britney Stottlemyer (P3), Corresponding Secretary

Hello everyone! Welcome back to another year at Pitt Pharmacy and P1s, to your first year of pharmacy school. Hopefully summer treated you all well and are ready for the great year ahead of you. As everyone settles back into the flow of school, be sure to check out Lambda Kappa Sigma (LKS), one of the three professional pharmacy fraternities at the school. A little background about us - we were founded in 1913 and have over 24,000 initiated members from 49 campuses. Our school chapter specifically is the Delta chapter, made up of over 200 members who provide sisterhood and elevate one another in both academics and personal growth.

Pictured above: LKS sister welcome the new P1 class and future little lambs at the Back-to-School Picnic last year.

"LKS has enhanced both my professional and personal development throughout pharmacy school. I've had the opportunity to attend guest lectures, engage in community service, and make lifelong friends!" - Roisin S. (P2)

Every year our sisters additionally support Project HOPE, our fraternity's philanthropy initiative. Project HOPE aims to provide the necessary medicine, supplies, health expertise, and medical training to people in local and international communities with a goal to counter the hardships associated with disaster. Many fun events are organized around this including HOPE WaLKS, an annual 5k, and Dr. Salk Hall, a talent show competition open to both pharmacy and dental students. We also partner with the National Ovarian Cancer Coalition (NOCC), organizing an annual Teal Tap to raise money to benefit ovarian cancer awareness!

Pictured above: Earlier this month, LKS President Kristine and Secretary Ami traveled all the way to Milwaukee, Wisconsin to represent our chapter at the annual 2019 LKS convention, presenting our Core Values Poster that highlighted the impact of our HOPE WaLKS event.

Be sure to stop by and say hi to us at the Back-to-School Picnic on August 27 - our first official rush event of the year! Bring any questions you may have and an empty stomach (free food!). We are so excited to meet you all and welcome the next little lambs to our family!

"LKS has given me friendships and memories that I will cherish forever" - Abbey W. (P3)

Keep up-to-date with all our events by liking us on Facebook (@PittLKS), and following us on Instagram (@LKS_Delta_Chapter).

"Being able to represent the Delta chapter at Convention in Milwaukee was an opportunity of a lifetime! Kristine and I bonded with so many sisters from other schools of pharmacy. We even got to spend an evening on Lake Michigan with the LKS grand council and other sisters!" - Ami P. (P3)

PDC: Phi Delta Chi

Tommy Rust (P2), Worthy Keeper of Records and Seals

Salutations, my dear comrades in pharmacy and welcome to Salk Hall. We here at PDC have but one question for you: are you motivated? Well, if you're looking for a group that will motivate you all throughout school and that you'll form lifelong bonds with, you happen to be reading the right article my friend. We are Phi Delta Chi, one of the professional pharmacy fraternities on campus. Every day we live by our motto Alterum Alterius Auxilio Eget, or "each needs the help of the other." Ask any brother about their experiences in this fraternity, and I assure you that they'll say that they couldn't have survived pharmacy school without the help of their brothers. Now you may be saying to yourself that the "frat life" ain't for you. I was exactly the same way, and I understand your concerns. But I assure you that PDC is not like any social fraternities you may be thinking of. We aim to make pharmacy school a fun and rewarding experience through our professional collaborations and social bonds. Every year, we participate in many service events to raise money for our main philanthropy, St. Jude Children's Research Hospital, and to help our community. Last year's events included participation in the Dr. Salk Hall charity fundraiser, Global Links, and Adopt-a-Block. Most of our members also hold leadership positions or are members of other organizations in the pharmacy school.

Pictured above: The brothers hang-out and grill burgers to welcome the P1 class at the Back-to-School Picnic.

All this is not to say that we don't like to have some fun. Our biggest social event of the year is our annual formal with the lovely ladies of LKS. On this night, we join them in dining on the fanciest of foods and dabbling in the spiciest of dancing (at the prestigious PPG Paints Arena this past year). We have also been known to hold mixers with the PDC and LKS chapters of Duquesne. Even though our bigger events only happen a few times a year, you can always find our brothers hanging out on a daily basis. There isn't a single weekday that you won't find us eating together at the Pete or playing games at someone's house after school.

Pictured above: The brothers volunteer at Global Links, an organization that provides surplus medical supplies to underserved communities.

You're probably thinking to yourself by now, "By golly! Is there any way I can become a part of this fantastic organization?" Lucky for you, there is indeed a way. You must obtain a bid from the brothers of PDC in order to gain entry into our fraternity. To get a bid, you have to attend three of our four recruitment events. The first, and biggest, of these events is the Back-to-School Picnic hosted by the pharmacy school on August 27. The remainder of our events will be hosted in September, including a Pizza Lunch on September 9, a Meet the Brothers Night on September 12, and a picnic with LKS on September 15. Whether you decide to join us or not, we hope you'll come down, hang out, and give us a shot. We all look forward to meeting you!

If you have any questions regarding the recruitment process or our organization in general, please don't hesitate to reach out to myself (tjr62@pitt.edu), Matt Kuhn (mdk61@pitt.edu), or Vince Piro (vmp22@pitt.edu). Feel free to follow our Instagram account as well to see what shenanigans we were up to last year.

Pictured above: Students represent with CPFI shirts.

CPFI: Christian Pharmacists Fellowship International

Valerie Wan (P3), President

Christian Pharmacists Fellowship International (CPFI) is a worldwide ministry of individuals working in all areas of pharmaceutical service and practice. Our mission is to serve Christ and the world through pharmacy. CPFI's core values are to provide Godly encouragement and fellowship among like-minded professionals, challenge and promote spiritual growth, encourage the advancement of knowledge and ethics in the practice of pharmacy, and encourage evangelism and the integration of faith into practice.

CPFI is excited for the new school year and all the activities we have planned! Please join us for our first meeting on Friday, August 30 at 12 PM in Salk 532. This will be a great time to socialize and learn more about the upcoming year, and we will also be providing free Panera bagels!

We will have our weekly meetings as an organization every Thursday during lunch. Last year, we began collaborating with Christian Medical Dental Association (CMDA). This year, we will continue to connect with fellow students in CMDA and have group bible study together while also getting to know one another!
We are looking forward to seeing what we can accomplish this year when it comes to Dean's Theme. Last year, we donated blood pressure cuffs to an underserved clinic for Dean's Theme last year and had the opportunity to teach a class of refugees about blood pressure. Also, we partnered with SNPhA to fundraise for Cyclone Idai Relief Funds through selling stickers, raising over $350!

We have other serving and fellowship events planned for the year that we cannot wait to get started! Finally, we are looking for a P1 representative this year to help CPFI continue to grow. If you have any questions, please stop by our table during the Back-To-School Picnic on Tuesday, August 27!

Pictured above: Guest speaker, Dr. Seybert, shares faith journey with student pharmacists.

SCCP: Student College of Clinical Pharmacy

Lisa Cahill (P2), Secretary

Hi everyone and welcome back! To the incoming P1s, welcome to Pitt Pharmacy! The Student College of Clinical Pharmacy (SCCP) is the student chapter of the national pharmacy organization, American College of Clinical Pharmacy (ACCP). The mission of our chapter here at Pitt is to orient students to the practice of clinical pharmacy by providing information about careers and opportunities in the field, promoting dedication to excellence in patient care, research, and education, encouraging skill development needed to function in an interdisciplinary team, and advocating the role of clinical pharmacists in healthcare. Annually, SCCP has a Mentored Research Fellowship which allows chosen students to work under the mentorship of a faculty member on Mentored Research or Special Topics. New fellows are picked each year and have the opportunity to participate in our journal clubs, present research to their peers, and to attend an annual conference of their choosing. A $1,000 scholarship is awarded to the fellows to support their attendance to the conference. Within SCCP, there are also student-run projects that you can get involved in. These include Comprehensive Medication Management, Self-Care, Pulmonology, Dean's Theme, and the New Drug Series Journal Club.

Last year, SCCP held an inhaler device training session for all interested pharmacy students to learn how to properly use different types of inhalers. SCCP also hosted a residency panel discussion that included UPMC pharmacy residents, who discussed their day-to-day lives during their residency, the application process, and answered students' questions. In addition, SCCP collaborated with Rho Chi for the annual Students, Special Topics, and Scholarly Work event, which allowed students to present their research posters to others who are interested in getting more involved with research opportunities.

If you have an interest in clinical pharmacy or would like to learn more about it, join us for our general body meetings and stop by our table at the Back-to-School Picnic. If you have any questions or ideas, please reach out to the executive board via our email (pitt.accp.eboard@gmail.com) or through our Facebook page (facebook.com/universityofpittsburghsccp). Best of luck this year!

Acknowledgements

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